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Neighbors frustrated with NSI Runaways Thefts at root of concerns

BY ASHLEIGH SNOOZY

ASHLEIGH.SNOOZY@THESHERIDANPRESS.COM

SHERIDAN — Local crime reports are littered with pulled fire alarms, runaways and more serious allegations deriving from one area unfamiliar to most Sheridanites — Lane Lane. For others, though, the double-named roadway elicits grief and sometimes fear of a break-in or stolen item in the area's residents.

The fears derive from crimes committed by some students living at Normative Services, Inc., a school facility just west of town, and citizens and law enforcement agents continue looking for solu-

tions to the ongoing problems.

Sequel Youth and Family Services is a national behavioral health organization based in Huntsville, Alabama. The organization manages a program in Sheridan at Normative Services, Inc., a live-in facility providing "an array of services for at-risk, adjudicated and emotionally disturbed youth, while providing high quality academic, physical and vocational education in a safe and nurturing environment," according to the organization's website. The facility focuses on therapeutic intervention and redirection of negative behavior.

SEE NSI, PAGE 8



MATTHEW GASTON | THE SHERIDAN PRESS

BNFS, Arrowhead Lodge partner to reopen Burgess Junction

BY MICHAEL ILLIANO

MICHAEL.ILLIANO@THESHERIDANPRESS.COM

SHERIDAN — The Burgess Junction Visitor Center reopened after a years-long closure Thursday thanks to a partnership between the Bighorn National Forest Service and Arrowhead Lodge.

BNFS Public Information Officer Sara Evans Kirol said Arrowhead will take over operations of the facility, which the BNF still owns. Arrowhead's involvement will allow Burgess to function as both a visitor's center and an event space.

"We're excited to have it back open and have a partner," Evans Kirol said. "For me, personally, it's such a great, beautiful building and I'm glad to see it being used."

Evans Kirol said the BNF struggled to pay the overhead costs of operating Burgess Junction after it lost its management partnership with the Rocky Mountain Nature Association.

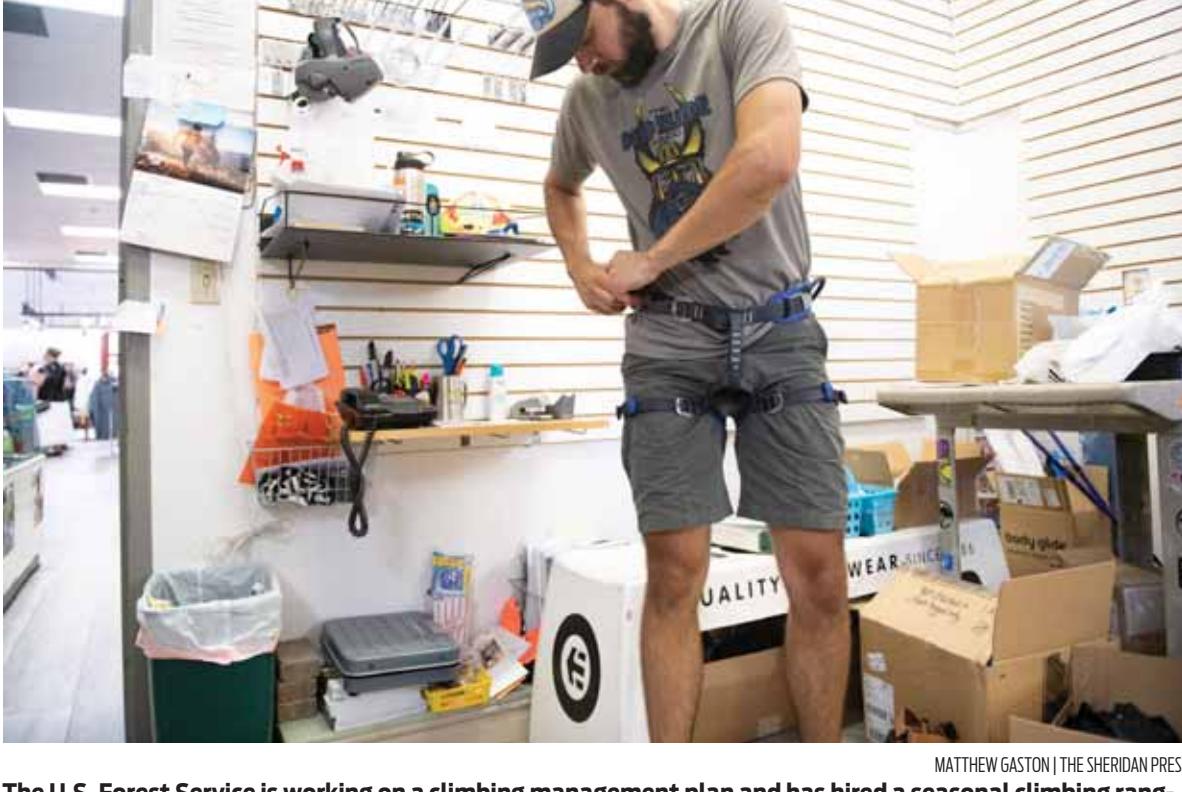


A sign at Burgess Junction indicates the facility is the "Passage to Adventure" Thursday, Aug. 1, 2019.

She explained the termination of that partnership cut off the income BNF earned through Burgess Junction. Rocky Mountain had sold merchandise through the visitor center and the BNF is not allowed to sell that merchandise on its own.

SEE JUNCTION, PAGE 2

 Scan with your smartphone for latest weather, news and sports

MATTHEW GASTON | THE SHERIDAN PRESS

The U.S. Forest Service is working on a climbing management plan and has hired a seasonal climbing ranger, according to Traci Weaver, Powder River District Ranger for the forest. Daniel Clark, pictured, tries on a new climbing harness Friday, Aug. 2, 2019.

BRIDGING THE GAP

Ranger aims to bring the USFS, climbers closer

BY CARRIE HADERLIE

NEWS@THESHERIDANPRESS.COM

SHERIDAN — This summer, the Bighorn National Forest is taking steps to address concerns about climbing impacts in the West Ten Sleep Canyon after tension in the area for months.

The agency is working on a climbing management plan, and has hired a seasonal climbing ranger, according to Traci Weaver, Powder River District Ranger for the forest. Construction of new climbing routes or trails is prohibited, according to a media release on July 19, but these regulations are not new.

SEE GAP, PAGE 3



Daniel Clark kicks off his sandals to put his climbing shoes on Friday, Aug. 2, 2019. Some local climbers believe a few route developers in Ten Sleep Canyon have gone too far with their tactics, including over-comforting climbing holds, increasing the size of a hold with tools and adding glue to pockets to make them feel less sharp and more comfortable.

CREG says state outperforming expectations

BY RAMSEY SCOTT

WYOMING TRIBUNE EAGLE

VIA WYOMING NEWS EXCHANGE

CHEYENNE — An updated forecast for state revenues

released Wednesday shows the state's economy has performed better than initially expected.

But even with those new numbers, Wyoming's econo-

my is a far cry from producing at the rate seen before the energy collapse started in 2015.

SEE CREG, PAGE 3

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Today's edition is published for:

Mark Englert
of Sheridan

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Photo courtesy of *Chic With A Canon Photography*



CREG: Revenue up \$43 million

FROM

The Consensus Revenue Estimating Group's July update showed more revenues flowing into the state's coffers than predicted in January, thanks to increases in sales and use tax and a productive oil and gas sector. Mineral severance taxes came in 7.3 percent higher than predicted, in part due to oil prices outperforming expectations by \$2.40 a barrel.

Wenlin Liu, Wyoming's chief economist, said the oil and gas sector continues to push the state's economy forward. The July CREG update didn't include receipts from the last two months of the 2019 fiscal year, and Liu said he expected decreases in the natural gas sector and coal closures to dampen overall performance.

But even with that, he expected the October CREG report to still show the state is outperforming predictions made in January.

"The revenue track is ahead of forecasts, mainly on the strength from both oil production and prices, which are higher than last year and higher than forecasted," Liu said. "This doesn't show the natural gas prices in May and June, so our final revenue will be probably slightly lower than current trends. But still positive and higher than forecasted."

General fund revenue was up \$43 million, 3.6 percent higher than what was expected by this time in the year. The report showed almost every major industry experienced growth in sales and use tax, led by mining and financial activities, like equipment leasing and rentals, which were both up about 20 percent from last year.

The return on the state's investment portfolio also came in higher than anticipated. For example, the Permanent Wyoming Mineral Trust Fund brought in \$365.1 million, which was significantly higher than the \$167.4 million predicted to start the year.

While the report was a bit of a bright spot in the state's forecast, serious structural issues remain in the long term. Coal continues to decline, with the CREG update showing prices dropped 27 cents per ton lower than what was predicted. Natural gas production was also down, 5 percent lower than expect-

ed, which has been a trend since the end of 2018.

Those trends will most likely continue, Liu said.

The significant issues with coal and natural gas are why both chairmen of the Joint Revenue Interim Committee said they want to make sure this report isn't taken as a sign that the dark clouds on the horizon have gone away.

The Revenue Committee is looking at several options for diversifying the state's revenue streams, including reconsideration of a potential corporate income tax. Backers of that proposition want to use the revenues to help fill the nine-figure deficit in the state's education system.

Rep. Dan Zwonitzer, R-Cheyenne, chairs the House Revenue Committee. He said the state couldn't count on the type of return on investments it has seen over the past couple years to bail out its deficits.

Forecasters predict investment returns will be lower in the future, and if a recession hits, Wyoming will need to make sure it has a diversified revenue stream.

"My concern overall is the report looks positive and optimistic, but it doesn't take into account we're in a deficit and we're still spending out of our (Legislative Stabilization Reserve Account)," Zwonitzer said. "The CREG report would need to look about five times better than it does right now to get out of the deficit we're in."

Sen. Cale Case, R-Lander, who chairs the Senate Revenue Committee, said while the state's economy is being driven by the oil and gas sector, political power changing hands in Washington, D.C., could drastically curtail future production. If Democrats take back the Senate and the White House, drilling on public lands could be significantly cut, and with that, the revenues helping to push the state's economy along.

"I think probably the most important thing that people have to do is not look at one report and say we're out of the woods. You have to look at the bigger picture and what's trending over time," Case said. "I would hope folks would stay the course and think about really restructuring our revenue streams in Wyoming to prepare for new opportunities in the future."

Brothers open new downtown Cheyenne distillery

BY STEVE KNIGHT
WYOMING TRIBUNE EAGLE
VIA WYOMING NEWS EXCHANGE

CHEYENNE — On the book cover-like label of every book-shaped bottle of a Chronicles Distilling product is this story:

"Our lives have been made up of a series of mishaps some may call adventures. We have served our country, we have loved, we have lost, we have traveled, laughed and lived. Through all of this, we have learned that the best stories have to start somewhere, and they always deserved to be shared."

It's the story, and a philosophy, possibly, of Chase and Aaron Lesher, brothers and both Marines, who recently opened Chronicles Distilling in the Asher Building at the corner of 15th Street and Thomas Avenue downtown.

"We helped some friends with their distillery, and we thought that sounded like fun and decided to do

that here," Chase Lesher said. "So, it's been two and a half years of a hell of a lot of work."

The brothers spent that time securing a location, filing for the proper permits and refurbishing the space to get to this point.

"We ripped down all the bookshelves to expose light," he said. "Every brick wall you see had about an inch to about an inch and a half of plaster — we had to bust it all off. Once we busted it all off, we saw that the grout was brittle and poor. It was like an old sponge, so we had to take a diamond wheel and had to cut every single line of grout out."

Then the brothers had to re-grout the brick. That was about three or four months of "just wrist-hurting pain," he said.

Next, carpet was removed from the hardwood floor, which also needed repair.

Almost everything in the space is homemade, from the sign on the

front of the building to the chairs, tables and bar, as well as the distilling system itself.

The brothers introduced four flavors for their recent opening: Berry & Barb strawberry rhubarb whiskey, Biting Wind corn vodka, Spit Shine corn whiskey and Tart Lemon lemonade vodka.

"I've always liked strawberry rhubarb pie, so instantly I knew I wanted to do a strawberry rhubarb whiskey," he said. "Lemonade vodka — everybody loves lemonade, so we decided to give it a try. You can't go wrong with corn whiskey or corn vodka. It's been an interesting and fun road."

Fresh fruit is used in the products, Lesher said. For example, he said it takes about three pounds of lemons to produce enough juice to make one 750 ml bottle of lemonade vodka.

Lesher said the distilling process is much like making beer, but without the hops.



COURTESY PHOTO | AUGUST FRANK, GILLETTE NEWS-RECORD

Stunt jumping

Brayden Gibbs, 8, launches himself off the 20-foot Stunt Jump at the Campbell County Fair on Wednesday as Andy Smith looks on.

GAP: The Forest Service is working with law enforcement to determine what damage has been done

FROM

"In reality, these are federal regulations that we have had all along, so this is not a new closure or order," Weaver said. "We just wanted to make sure climbers understood we are closely monitoring the canyon as well as other popular climbing areas on the Bighorn National Forest."

Forest officials have

tasked James Pfeifer, its seasonal climbing ranger, with bridging the gap between the agency and the climbing community. He will begin his 60-day tenure Sunday.

According to numbers that are now nearly a decade old, but the most recent count done by the Outdoor Foundation, approximately 6,148,000 Americans had participated in rock climbing activities such as bouldering, sport climbing, indoor climbing, traditional climbing and mountaineering in 2010.

People come to Wyoming from all over the world to climb Ten Sleep Canyon, and they inevitably leave their mark.

"Climbing is getting popular all over the place, but primarily the drive behind

this is activity in West Ten Sleep Canyon," Weaver said. "It is an international climbing destination, and there has been a lot of controversy over heavily manufactured routes, chipping, gluing and bolting the rock."

Over the past several years, new heavily manufactured routes have appeared in the canyon, and the U.S.

Forest Service believes that there are around 1,200 bolted routes in the area. Staff is working on a climbing management plan, but in the interim Weaver said

they made what they call an "emergency hire" — meaning, time was of the essence

— to get Pfeifer on staff for the remainder of the summer.

"No one in the Powder River Ranger District is a climber, and we don't know the language, and the whole sport is just exploding," Weaver said.

Pfeifer grew up in Alaska and lives in Park City, Utah, doing wilderness and outdoor education with the U.S. Forest Service. He also works on a fire crew and has been a traditional climber for a long time, Weaver said.

Having a seasonal climb-

ing ranger is typical in certain areas, including White Mountain National Forest in the northeast and the Okanogan-Wenatchee National Forest in Washington. Weaver's own background is in the National Park Service, which employs a lot of climbing rangers.

"When I was trying to form a climbing management plan, I called the former superintendent of Devils Tower, who I had worked with in Yellowstone ... to learn about climbing and how to best reach the climbing community," Weaver explained.

Inside the climbing community, there has been tension over the new development, which some local climbers believe has been ill-advised.

"Some of the more traditional climbers got upset (about new routes), and they posted a letter around February, with around

700 signatures, saying that they wanted heavily manufactured development to cease and desist. They also asked the Forest Service to respond," Weaver said, adding that the seasonal hire and the establishment of a management plan is a

part of the Forest Service's response.

The Ten Sleep Canyon issue has been a topic of conversation for most climbers this season, Nick Flores, a guide with Bighorn Mountain Guides said.

"To put it simply, there have been a few developers (individuals who develop new rock climbing routes) in Ten Sleep Canyon who have gone too far with their development tactics," he said.

"For example (this includes) over-comforting climbing holds, increasing the size of a hold with a drill bit, hammer, screwdriver,

and adding glue to pockets to make them feel less sharp and more comfortable.

"These development tactics are not deemed as best practice by most route developers. When a handful of Wyoming local climbers found out about this they were outraged — rightfully so," Flores said.

A local nonprofit called the Bighorn Climbers' Coalition was formed with a mission to preserve, protect and promote rock climbing throughout the Bighorn National Forest. The BCC has been working with both route developers and the concerned individuals about

the situation in Ten Sleep Canyon, Flores said. The BCC held three meetings to discuss the concerns from the public with the route developers, and as of now, is working with the National Forest on the climbing management plan.

The plan will help regulate route development, educate individuals on best practices for developing climbing routes on limestone, development/maintenance of climbing trails, scope out all climbing areas within the Bighorn National Forest and more.

Under federal regulations as it stands, anyone manufacturing or creating new routes with any type of permanent hardware or apparatus — including bolts, glue, manufactured hand holds, or modifying routes through chipping or hammering new or existing holds — will be subject to criminal fines that could be used as restitution to the impacted area.

Pfeifer will fill a seasonal position for 60 days, and the Forest Service will advertise for the position again next summer.

"We are mapping out — OK, where does he need to spend his time," Weaver said. "That might be putting

him in the canyon, doing education and outreach, talking to climbers or getting a better idea of where some of these heavily manufactured routes are.

"We want to ensure that folks who come from all over the world to climb here understand what the ethics are, and what the expectations of the Forest Service are," she said.

The Forest Service is working with law enforcement to determine what damage has already been done to the canyon, and has opened discussions with a consultant that helped to write climbing management plans for other federal agencies and national parks, including Teton National Park.

"The biggest thing that folks need to know is that there is no new route development Bighorn National Forest-wide," Weaver said. "We are also working with the Worland office of the BLM, and I think they will do the same thing. We want to take a deep breath and go about this thoughtfully so that we don't do irreparable harm to this natural resource. We can't go back and ever get this the way that it was."

OPINION

A4 THE SHERIDAN PRESS

SATURDAY, AUGUST 3, 2019

Why the double standard?

For the last several years of the Sheridan Recreation District's co-ed adult softball program, players have had to throw a different size softball depending on whether a man or a woman approached the plate as a batter.

This isn't a new practice across the country, but it certainly slows down the game and, honestly, is ridiculously annoying. I don't usually use



KRISTEN CZABAN

|

column inches to complain about stuff like this; I'd much rather promote all the wonderful things happening in Sheridan. But, this one irks me. I'm not trying to single out Sheridan's recreation district — its

staff members

have simply copied rules used in other leagues across the country — but it's a rule that shouldn't exist in any co-ed recreation league.

According to various sports websites, an 11-inch softball is used by boys and girls fast pitch softball teams when the players are 10 years old or younger. The same size ball is used by women's slow pitch teams, women's senior teams and co-ed teams when a woman is up to bat. The 12-inch ball, though, is used for men's and women's fast pitch teams and when men are up to bat in co-ed slow pitch leagues.

As a longtime softball player, the rule drives me crazy — and I've heard the same from other recreation league players in Sheridan County. Growing up, I don't even remember playing

with the smaller, 11-inch softball. That's right, 12-year-old girls can throw and hit a 12-inch softball hard, effectively and consistently.

So, it's always been odd to me that co-ed slow-pitch leagues assume grown women cannot do the same. And, to be fair, some can't. But, neither can some men. I know plenty of women that actually play better ball than men. I know men who are more talented at softball than women. That's all OK.

Slow pitch and fast pitch softballs typically have different compressions and, clearly, the ball is thrown at a different speed in each style of play. Both factors will impact how far the ball will fly when it's struck. But, many, many other factors, some of which have nothing to do with gender, affect that as well — bat speed, bat composition (which is also regulated), player mechanics, player strength, timing, pitch selection, etc.

With all of those variables, along with the obvious variable that some softball players are simply more talented than others, regulating the size of the ball seems silly. Do they switch the size of the basketball used in co-ed recreation leagues based on which player has the ball? Of course not, that'd ruin the game.

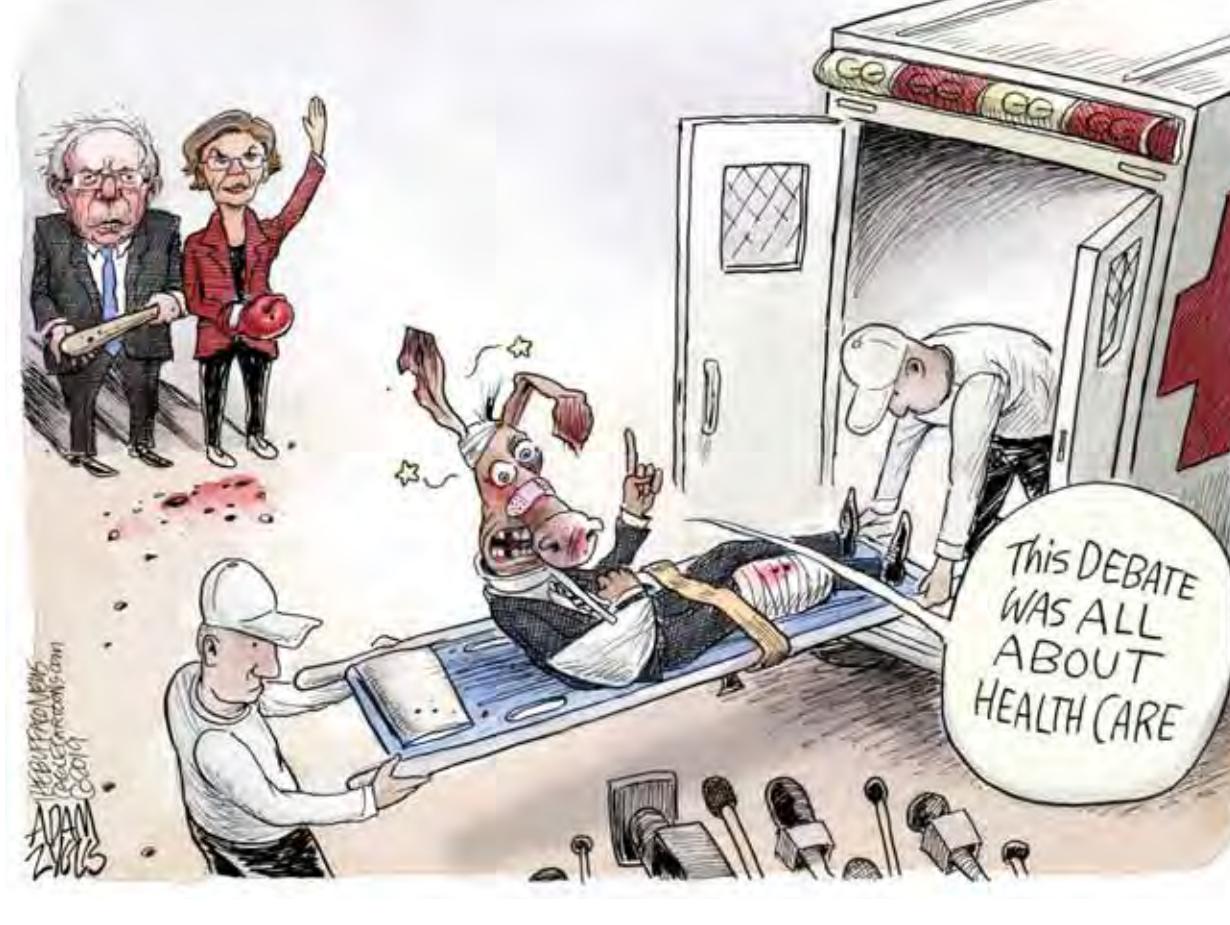
So while the change in ball size may have been done with the best of intentions, its result has been a slowing of the game and frustration among some players.

I love softball, and the size of the softball won't deter me from continuing to play the sport. But, when it comes to co-ed recreation leagues, we should remove the out-dated rule regarding ball size that assumes talent based on gender.



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CAGLECARTOONS



Americans need more 'Can do,' not more candidates

Watching the political process play out is more discouraging each election cycle. Even the freshest faces in the field eventually descend to the level that handlers and pollsters tell them they must in order to win: criticizing other candidates in the same party (many of whom they'll have to work with later if they win); blaming the current administration or the opposing party for all of society's ills; demonizing half the country; and promising the other half of everything for free.

And the excuses. Oh, the excuses that we hear for why we have problems.

The left's favorite go-to excuse these days is "racism." But the greatest problem facing the United States today is not racism; it is the disappearance of the can-do attitude that built the country. Some call it the "entrepreneurial spirit" or the "American dream," but at its core, it is simply an attitude that every problem has a solution, and the determination to find or create it.

We've lost the sense of individual responsibility for our problems, and that's bad enough. But what's worse, we're losing faith in our ability to solve our problems. This acquired sense of helplessness is catastrophic, and it has paralyzed large swaths of the American public — rural, urban and suburban.

Weeks after the water had receded from Hurricane Katrina, leaving a devastated New Orleans, I saw a photograph of a woman whose car was still overturned in her front yard. I remember thinking, *how much effort does it take for a few people to get together and turn that woman's car back over for her?* Something so simple, and yet no one had done it. It is so much easier to blame your mayor, your congressional representative, your senators or the president of the United States.

Last week's outrage was "rat-infested" Baltimore. All over the media, we've seen footage of buildings in disrepair, piles of rotting trash, rodents running amuck and residents calling for government help. Here's a question: What would be done if there were *no* government to rely upon? Would neighbors band together and clean up the trash and messes that attract vermin? Would they rebuild decaying buildings? Or would they just live in squalor forever?

Encouraging dependence upon government not only creates generations of helpless people; it inures them to government's ineffectiveness. Once government gets involved, the costs of doing anything skyrocket. Layers of bureaucracy hamper citizens' ability to solve their own problems without *this* permit or *that* license.



LAURA HOLLIS

|

Endless meetings take place to discuss countless studies. Eventually, those who discuss solutions become more important than those who produce them.

The focus on government as societal savior also feeds the illusion of one-size-fits-all solutions, which inevitably fail. Why? Because what's needed to improve educational outcomes in rural Appalachia, for example, will not be the same as what's needed in south central Los Angeles or the border regions of Texas, Arizona and New Mexico.

"But these problems take huge sums of money!" everyone cries. "They require federal intervention and massive taxes!"

That's a popular — and expensive — falsehood. We've spent anywhere between \$15 and \$22 trillion (depending upon who you ask) on the "War on Poverty," and yet we have approximately the same percentage of people below the poverty line as we did when President Lyndon Johnson signed the legislation in 1964. If that amount of money didn't eliminate poverty, then clearly, money is

not the solution.

People's belief in their ability to solve their own problems enables them to devise solutions that work for *them*. If lessons can be learned, adopted and applied to other regions and populations, great. But these success stories are always bottom-up, not top-down.

Let's take homelessness as another example. Los Angeles County has more than 50,000 homeless people living on its streets. Massive government expenditures (the city spent \$619 million in 2018 alone) have done little to solve the problem.

Even smaller cities prove government's ineffectiveness. Austin, Texas, has approximately 2,000 people living on the street in any given year. Advocates insist that the city needs to spend \$30 million annually to successfully combat homelessness. But Austin spent \$33 million in 2018, and officials still complained that there were insufficient resources.

By contrast, consider the privately funded Community First Village. Texas residents Alan and Tricia Graham started the housing program for the city's homeless in east Austin three years ago with an idea and one \$5,000 RV. Now the 27-acre farm houses 170 formerly homeless men and women in dozens of RVs and "micro-home housing."

Community First Village is

funded by donations. But the problem facing the homeless isn't lack of money, Alan Graham says; it is "a profound and catastrophic loss of family." Meeting residents' personal needs one at a time has enabled Community First Village to succeed and expand. It will soon be able to provide residences for 500 individuals — roughly 40% of the city's homeless. State and national publications are heralding the Grahams' program as a national model.

That's what I'm talking about.

While it may be true that only the government can solve certain problems (I remain unconvinced), most problems we face as a society can be solved by groups of average citizens pulling together.

I would love for a political candidate to say in a debate, "You all don't need me. You don't need the Republican or Democratic Party. You don't need the president of the United States, Congress or the Supreme Court. What you need to solve the problems in your area is YOU — stepping up to the plate, figuring out what needs to be done and doing it."

We'd be a stronger country for it.

LAURA HOLLIS is a nationally syndicated conservative columnist whose experience in the law and politics spans more than 25 years. She is a frequent public speaker and, in addition to articles in respected legal publications, has been a freelance political writer since 1993.

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COMMUNITY PERSPECTIVES |

Sheridan looking toward new opportunities, industries

Forward Sheridan operates specifically to be aware of and encourage emerging business opportunities. Historically, we have done this with telehealth, cybersecurity, energy and other topics. This has been our push and has been initiated, typically, from our investors, board and neighbors.

Simply, they have people with new ideas or thoughts contact us to discuss the lay of the land. Due to the influx of folks during Sheridan WYO Rodeo and the summer recreation season, we have two new options to begin to think about as they possibly can impact Sheridan.

One very exciting option rests on the blockchain programming community. We have a local star, Spencer Kuzara, that has been part of this community for a good

period of time and has a big reach. In fact, it was Spencer that opened our eyes at Forward Sheridan to some of the possibilities. Secondly, the state of Wyoming is one of the more progressive states in cryptocurrency/blockchain legislation due to bills passed in 2017 and 2018. A legislative blockchain task force meeting is scheduled for Aug. 19 and 20 in the choral room at Sheridan College to continue refining these legislative frameworks.

So how does this fit or affect Sheridan? Directly. A few weeks ago blockchain folks from California and Texas combined a Wyoming recreation trip to visit Wyoming and with Forward Sheridan about options around blockchain applications — tech implementation.



JAY
STENDER
I

Their interest was spurred by their awareness of the Wyoming legislative push, social media by Caitlyn Long (task force leader) and the blockchain community that touts Wyoming. For FS the opportunity to seek professional techsters is ideal for our community; sometimes they are termed lone rangers as they can work anywhere as long as they have access to high-speed internet.

So they combine lifestyle choices with the ability to communicate — Sheridan fits that as well or better

than any community in the state.

We are in the process of connecting these folks with the blockchain leaders as well as looking specifically at projects/work that would enable a shop in Sheridan. This is what is very satisfying about Forward Sheridan's activities. Provide information, contacts and establish a business foundation and begin the information process. This is also where the FS board excels; they can provide real, accurate and reliable information that can be used, from their experience, to make accurate business expansion decisions.

Second, emerging interest is around the hemp industry and its impact on agriculture and manufacturing. Again, this is very early in the process as Wyoming's Legislature passed the hemp law

and has convened statewide meetings. Currently, while hemp is waiting for federal USDA approval, our neighboring states are busy growing and processing and even selling hemp products, with CBD oils proving popular. FS views this as a wait-and-see issue. Our landscape is good for growing; in many areas where the sugar beet industry has fallen, hemp may be an alternative crop to consider.

FS has been queried by growers, manufacturers and distributors regarding the feasibility and market in our area. We are still very early in our education process but it is very clear we need to be aware and educated about this possibility.

JAY STENDER is executive director of Forward Sheridan.

For the Democrats, it's winnowing time

Winnow: verb. To expose (grain or other substances) to the wind or to a current of air so that the lighter particles (as chaff or other refuse matter) are separated or blown away.

— Oxford English Dictionary

It is time to dust off this marvelously appropriate verb for its quadrennial use to describe the thinning of a field of presidential aspirants. After two rounds of quasi-debates — “10-participant debate” is a quasi-oxymoron — the Democratic field is well on its way to contraction.

Joe Biden survived his second debate, but did not dispel the impression that the brittleness of his candidacy is more important than his double-digit lead in a field the congestion of which is, for now, his friend. He has never been the Democrats’ Demosthenes. Now, however, when he commits the sort of verbal fender-benders that have long characterized him, or when he has a normal hesitancy reaching for the *mot juste* or an elusive fact, many people will wonder whether he is showing his age, 76.

Biden’s neon smile is a nice contrast with the snarl that defines the leader of the other party, but Democrats must consider this: If they nominate Biden, they will be hostages to his health, and if he catches a cold or develops a cough in October 2020, the electorate might get chills.

There is not room for both Elizabeth Warren and Bernie Sanders in the lane reserved for those who think, eccentrically, the government is a tool of rapacious factions and that the government should be made much more powerful. If Warren can be more of a happy warrior, and less of the faculty-club know-it-all scold who showed up in Detroit, she should send Sanders packing. Florid, arm-waving, shouting Sanders (Rep. Tim Ryan to Sanders Tuesday night: “You don’t have to yell”) will only become president if Americans do something they have not done since they reelected Andrew Jackson in 1832 — vote for a thoroughly angry man.

Did they do this in 2016? No, Trump’s anger shtick was performance art. Genuine political anger presupposes genuine political convictions. It is as mistaken to accuse Trump of anything other than synthetic anger as it is to accuse him of racism. He is not complicated enough for either.



GEORGE
WILL
I

Regarding John Delaney, Steve Bullock, John Hickenlooper and some others who are still a far cry from double digits in polls, remember this: In January 1972, South Dakota Sen. George McGovern’s support was around 3%, which means he was within the margin of error of zero. Six months later he clinched the nomination.

Many Democrats, who understand that their policies will remain mere aspirations if Republicans retain control of the Senate, are exasperated that three of their aspiring presidents are not seeking Senate seats next year. Hickenlooper, a former two-term Colorado governor, could be trying to deny a second term to Sen. Cory Gardner, the most vulnerable Republican incumbent. Bullock, having won Montana’s governorship twice in a state Trump carried by 20.6 points, would be a strong opponent against Sen. Steve Daines. But Hickenlooper and Bullock probably know that former governors, having had the exhilarating experience of wielding executive power, often are unhappy senators. Today, senators who are contented with their roles in a body that is both turgid and paralyzed are apt to be regrettable because they are in politics only for status — to be something, not to do something.

Some Democrats wish that former Texas Rep. Beto O’Rourke would run against three-term incumbent Sen. John Cornyn, but O’Rourke, the incredibly shrinking candidate, always has been a figment of his and others’ imaginations. In 2018, \$80 million bought for him a somewhat close — 2.6 points — loss against Sen. Ted Cruz. In that year, when Donald Trump was not on the ballot, some voters whose political interests span the spectrum from Trump to Trump, stayed home. Many of them probably will reappear when their messiah re-summons them. Although Cornyn’s approval rating is not markedly better than Cruz’s was, some of those who disapprove of Cornyn are more conservative Republicans who will neither stay home nor vote for a Democrat next year.

This might be 2020’s decisive paradox: The safer that continuing Republican control of the Senate seems on Election Day, the better are the Democrats’ chances of winning the White House. Many voters, perhaps a decisive number, will be willing to put a progressive in the presidency if, but only if, they know that they can count on that which they too often deplore: gridlock.

GEORGE WILL writes on politics, law and social character. He began writing for The Washington Post in 1974. He is a contributor for Fox News, a Pulitzer Prize recipient and is the author of 12 books.

STUDY: NEARLY 30% OF FOOD DELIVERY DRIVERS MUNCH ON ORDERS



TRENDING ON THE WEB |

thesheridanpress.com

1. Man faces trial for DUI, hitting pedestrian
2. WYDOT to auction Wyoming welcome signs
3. Wyoming education system ranked 10th in nation
4. Hammer takes on men's soccer for final coaching season
5. Fire burns in Bighorns

6. Two Sheridan County cowgirls place at NHSFR
7. One of history's top polo players spends summers in Wyoming
8. Equifax sued for violating Wyoming Consumer Protection Act
9. Longmire Days: Fans, cast members share experiences
10. Clearmont resident wins world championship at Calgary Stampede

AT A GLANCE

A6 THE SHERIDAN PRESS

www.thesheridanpress.com

SATURDAY, AUGUST 3, 2019

Open a good book and unlock a wealth of benefits

There is an activity that is accessible to almost everyone that can reduce stress levels by almost 70%, lower your risk of Dementia and Alzheimer's, increase life expectancy, boost your happiness, increase your empathy and raise your emotional intelligence. What is the panacea of health benefits? Reading fiction.

Multiple scientific studies have shown that for humans of all ages, reading fiction can increase your empathy through exposure to people, situations, and cultures that you would otherwise not encounter. For kids exposed to a range of fiction, studies have revealed that their emotional intelligence, how they react to others and situations, is increased over their non-reading peers. What you read, for empathy, does matter. Fiction is better than non-fiction and stories that contain characters or elements different than the reader's experiences are of the most benefit.

Reading is relaxing and can boost your happiness. Some people fall right to sleep with a good book and others are wide awake as they are transported to another world, another country, or deep into a mystery that needs to be solved. Being entertained by a good book reduces your stress levels, something we can all agree is a universal need in our fast-paced society. Allowing yourself to focus on a problem or characters that are not part of your current situation is a wonderful way to take a moment, step back, and breathe deep. For maximum enjoyment, I recommend a cup of hot tea or a beverage of your choice.

Recent studies have reported that reading can slow or decrease the risk of dementia, Alzheimer's and other cognitive decline as we age.

Participants in one study who were asked to read and do other stimulating activities were found to have less brain lesions, tangles and plaque than their counterparts who did not pick up a good book. At the time in our lives when some physical activities become harder, reading allows individuals to experience running a marathon, hiking the Pacific Rim Trail or sailing around the world.

These benefits can be yours in the traditional paper form, on a kindle, a tablet, your smartphone or as an audiobook on the go. If you read ebooks, you can even sync your ebooks and audiobooks so you can read a book or and listen when you need your hands free. For readers who find their volume outgrows their budget, you can always try the local used bookstore or, better yet, the library. Librarians would be happy to help you discover just the right book for you as you unlock a new world of health benefits. Happy reading.

MICHELLE BOULE is the director of library services at Sheridan College.



MATTHEW GASTON | THE SHERIDAN PRESS

Looking for a home

Sugar Pie is a senior dog that is available for adoption from the Sheridan Dog and Cat Shelter that came to The Hub on Smith for the Dog Days of Summer looking for a new forever home Friday, Aug. 2, 2019.

LOCAL BRIEFS

FROM STAFF REPORTS

WYDOT to auction Wyoming welcome signs

CHEYENNE—People who may have missed the Wyoming Department of Transportation's last Welcome to Wyoming sign auction have another chance to own a piece of history.

WYDOT is holding an online auction for two 4-by-8-foot aluminum "Welcome to Wyoming" signs. The signs feature the Tetons as the background image, with the bucking horse and rider and the words "Forever West" in the foreground.

"These are the last known state line signs to exist from that vintage," said Joel Meena, state traffic engineer. "These have the potential to appeal to a collector because they're unique. Rarely do you see a state line sign that is as colorful and scenic as Wyoming's. We have led the nation on the look and feel of our state line signs."

Those interested in placing a bid will need to do so by Aug. 5. The first sign auction ends at 8:30 a.m., while the second ends at 9:30 a.m.

Staggering the ending times allows people to bid again if they missed the first one.

The following are the links for the two signs:

<https://www.publicsurplus.com/sms/auction/view?auc=2390307>

<https://www.publicsurplus.com/sms/auction/view?auc=2390147>

The two signs come from the northwest part of the state, are in like-new condition and were not

used on the roadside.

WYDOT previously auctioned five 4-by-8-foot signs featuring the Tetons during the summer of 2017. Those signs were posted at different parts of Wyoming at the state line. Department employees recently discovered the last two signs in storage, so officials decided to hold another auction for those.

The money raised from this auction will go back into the department's road improvement fund, just like it did for the 2017 auction. In 2017, the auction raised about \$33,000.

Underground miners picnic Sunday

SHERIDAN — The Monarch/Underground Miners Picnic will be 11 a.m. Aug. 4 at Pine Island Campground in the Bighorn National Forest.

Meat will be provided but participants are asked to bring a dish to share. There will be a music jam, so those who play should bring an instrument.

The event is free and the public is invited. For more information call 307-737-2388.

Biking Red Grade trails Monday

SHERIDAN — The Bomber Mountain Cycling Club is sponsoring Red Grade Trails Social Night on Monday starting at 6:30 p.m.

There will be three distances available: Rec at 1.6 miles; Sport at 3.1 miles and Beast at 6.2 miles. All rides begin at the Red Grade parking lot.

Beginners and families are encouraged to attend and explore the trails.

EVENTS

Saturday

• Sheridan County Fair, 6-8 a.m. complimentary breakfast for 4-H/FFA members and families by Farmers Co-Op, Exhibit Hall tent; 8 a.m. dairy goat show followed by dairy cow; 9 a.m. Exhibit Hall open, tractor pull, arena 1; 11 a.m. bum calf show, heifer futurity followed by breeding beef show; noon to 4 p.m. open class livestock pen of 3 exhibition, vendor booths; 2 p.m. market goat showmanship, market goat breeding show, market goat show, sheep showmanship, market sheep show, breeding sheep show; 4 p.m. Krystal Raley equine therapy demonstration arena 2; 6 p.m. Exhibit Hall closed; 7 p.m. pig wrestling, arena 1; 9 p.m. 4-H/FFA community dance under the grandstands with Mick Johnson live music

• 8 a.m. to noon, Holy Name golf tournament, Kendrick Golf Course, 65 Golf Course Road, cost varies for sponsorship levels

• 8 a.m. to noon, nurse hiring fair, Sheridan Veterans Affairs Health Care System, 1898 Fort Road

For more information email disakson@sheridan.edu

• 9 a.m. to 3 p.m., community flea market, Cloud Peak Lanes, 1520 Coffeen Ave.

• 9 a.m. to 4 p.m., Bighorn Rendezvous, a celebration of art and American Indian culture, quickdraw event 9 a.m. to noon, live auction at 1:30 p.m., drum and dance groups at 11 a.m. and 3 p.m., The Brinton Museum, 239 Brinton Road, Big Horn, free

• 10 a.m. to 2 a.m., Rumble the Bighorns III, Best Western Sheridan Center, 612 N. Main St., poker run starts at 10 a.m., party starts at 2 p.m. at Best Western

• 11 a.m., family pizza cooking class with Chef Emily Miller, Cottonwood Kitchen + Home, 234 N. Main St., \$20, age recommendation 3-10 with a parent(s)

• 2-5 p.m., tiramisu workshop baking class with Chef Sam, Verdello, 23 Grinnell Plaza, \$40, all ages welcome

• 5:30-8 p.m., Canines on the Catwalk, Main Street to the Rescue fundraiser for Sheridan Dog and Cat Shelter, WYO Performing Arts and Education Center, 42 N. Main St., \$75

• 7-10 p.m., J Shogren and His 5 cent Friends live music (traditional Americana), Luminous Brewhouse, 504 Broadway St., free

Sunday

• 11 a.m. to 1 p.m., fourth annual Monarch/Underground Miners picnic, Pine Island Group Campground, U.S. Highway 14, Dayton, free, but please bring side dish to share, for more information call 307-737-2388

• 3-8 p.m., Warhammer Warcry launch party, Puzzle's Game and Hobby, 252 N. Main St., free pizza/snacks while they last

• 3-5 p.m., pride rock painting class, The Paint Post, 117 N. Main St., \$30 standard, \$25 children 12 and younger

Monday

• Sheridan County Fair: 9 a.m. Exhibit Hall open; 10 a.m. beef fitting contest; 4 p.m. buyer's dinner, Exhibit Hall tent; 5:30 p.m. opening ceremonies for sale; 6 p.m. market livestock sale, sale arena

Post, 117 N. Main St., \$99

• 11 a.m. to noon, Smokey Bear at the library, Sheridan County Fulmer Public Library, 335 W. Alger St.

• 4-5:30 p.m., Parks and Rec master plan by the city of Sheridan, Kendrick Park Bandshell, Kendrick Park, input welcomed

TODAY IN HISTORY

FROM THE ASSOCIATED PRESS

Today's highlight in history:

On August 3, 1972, the U.S. Senate ratified the Anti-Ballistic Missile Treaty between the United States and the Soviet Union. (The U.S. unilaterally withdrew from the treaty in 2002.)

On this date:

In 1492, Christopher Columbus set sail from Palos, Spain, on a voyage that took him to the present-day Americas.

In 1807, former Vice President Aaron Burr went on trial before a federal court in Richmond, Virginia, charged with treason. (He was acquitted less than a month later.)

In 1921, baseball commissioner Kenesaw Mountain Landis refused to reinstate the former Chicago White Sox players implicated in the "Black Sox" scandal, despite their acquittals in a jury trial.

In 1936, Jesse Owens of the United States won the first of his four gold medals at the Berlin Olympics as he took the 100-meter sprint.

In 1958, the nuclear-powered submarine USS Nautilus became the first vessel to cross the North Pole underwater.

In 1966, comedian Lenny Bruce, whose raunchy brand of satire and dark humor landed him in trouble with the law, was found dead in his Los Angeles home; he was 40.

In 1981, U.S. air traffic controllers went on strike, despite a warning from President Ronald Reagan they would be fired, which they were.

In 1987, the Iran-Contra congressional hearings ended, with none of the 29 witnesses tying President Ronald Reagan directly to the diversion of arms-sales profits to Nicaraguan rebels.

In 1993, the Senate voted 96-to-three to confirm Supreme Court nominee Ruth Bader Ginsburg.

In 1994, Arkansas carried out the nation's first triple execution in 32 years. Stephen G. Breyer was sworn in as the Supreme Court's newest justice in a private ceremony at Chief Justice William H. Rehnquist's Vermont summer home.

In 2005, 14 Marines from a Reserve unit in Ohio were killed in a roadside bombing in Iraq. The journal Nature reported that a South Korean researcher had created the world's first cloned dog, an Afghan hound named "Snuppy."

Ten years ago: Iran's supreme leader formally endorsed Mahmoud Ahmadinejad for a second term as president. A court in Los Angeles appointed Michael Jackson's mother, Katherine, permanent guardian of the late pop star's children.

Five years ago: Israel withdrew most of its ground troops from the Gaza Strip in an apparent winding down of a nearly monthlong operation against Hamas that had left more than 1,800 Palestinians and more than 60 Israelis dead. A strong earthquake in China's southern Yunnan province toppled thousands of homes, killing more than 600 people.

One year ago: China said it was ready to impose tariffs on \$60 billion worth of U.S. imports if Washington went ahead with its threat to impose duties on \$200 billion in Chinese goods. President Emmerson Mnangagwa was declared the winner of Zimbabwe's presidential election as the ruling party maintained control of the government in the first vote since the fall of longtime leader Robert Mugabe.

Thought for Today: "We are healed of a suffering only by experiencing it to the full." — Marcel Proust, French author (1871-1922).

Kendell Marvel live at The Brinton August 10

FROM STAFF REPORTS

BIG HORN — Nashville singer-songwriter Kendell Marvel will be performing at The Brinton Museum Aug. 10. Gates open at 4:40 p.m. and music begins at 5.

Marvel has been featured on World Cafe Nashville: 20 Indie Discoveries From 2017—NPR, and his songs have been recorded by Chris Stapleton, Gary Allan, George Strait and Kenny Chesney.

In addition to Marvel, three other bands will be performing that eve-

ning: Rick Geisler and the Band of Outlaws, Shot in the Foot and The Dugan Irby Band.

Food will be available from the Brinton Bistro along with draft beers, wine and cocktails.

VIP reserved seating is available for \$100 per person and will provide access to special seating, an exclusive refreshment area and preferred parking. General admission tickets are \$40 per person.

Tickets can be purchased at www.thebrintonmuseum.com. For more information call 307-672-3173.

JUNCTION: Been open a few days

FROM1

The center opened briefly in 2017 when the U.S. Forest Service had to close the Shell Falls Interpretive Site for reconstruction. Before that, however, Evans Kirol said Burgess Junction had been closed since 2012.

"We were looking for a partner to reopen the visitor center because we could not function (the center) without assistance," Evans Kirol said. "And [Arrowhead] stepped up."

Charlene Severson — who purchased Arrowhead Lodge with her husband, Jared, in 2016 — said the BNF reached out to Arrowhead shortly after she took over to discuss a partnership that would reopen Burgess Junction.

In taking over operations of the center, Severson said she saw an opportunity to expand services Arrowhead can offer visitors.

"We are very limited in our space for events, or rental venues, at Arrowhead," Severson said. "So we saw the opportunity to fill that need."

In addition to operating the gift shop in the center, which will sell items from local artists and vendors, Arrowhead will rent out Burgess Junction's exhibit hall for events like weddings.

Severson said Arrowhead plans on operating Burgess Junction from Memorial Day through Labor Day. That means the center will only be open a month this year, but she said she and her husband wanted to get started as soon as possible.

And though it's only been open for a couple of days, Severson said Burgess Junction's reopening has been met with enthusiasm.

"Not even halfway through day two, it has been phenomenal," Severson said. "We've had people come from the Netherlands, Germany, Mexico, Canada... And of course we've had a lot of support from our local people too."

The visitor center is currently open Wednesday through Monday from 9 a.m. to 5:30 p.m.



ASHLEIGH SNOOZY | THE SHERIDAN PRESS

Burgess Junction awaits visitors Thursday, Aug. 1, 2019. The facility is now open to visitors after the Bighorn National Forest partnered with Arrowhead Lodge to manage the location.

NSI: Sheridan County Sheriff's Office tallied 35 total incidents originating at NSI

FROM1

What the community sees, though, is a nuisance; and recently, Facebook conversations in Sheridan have included demands for answers from NSI on what it will do to reduce the numbers of issues its residents have caused in the community.

Sheridan County Sheriff's Office tallied 35 total incidents originating at NSI through Aug. 1 of this year — 21 of which were runaway cases involving 36 juveniles. The 14 other cases included calls for service to the school itself for miscellaneous incidents. Four NSI-related cases included the investigation of stolen vehicles — three investigated by Sheridan Police Department and one by SCSO.

In 2017, SCSO recorded a total of 41 incidents coming from NSI — 22 of which were for runaways involving 40 juveniles and one stolen vehicle. The trend decreased slightly in 2018 with 36 incidents — 18 of them runaway cases involving 29 total juveniles. Two cases resulted in criminal trespass/entry and one case involved a juvenile injured while running away and

trespassing onto another property, according to SCSO.

Not local children

Some neighbors and community members have expressed concern that no students under NSI's care are from Wyoming. In a presentation to Sheridan County commissioners July 22, then Executive Director Gary Flohr said NSI had 16 Wyoming students enrolled in its programming 18 months ago, but that is when the agency saw a drastic switch. Now, NSI serves just three Wyoming-based students.

"...(Wyoming Department of Family Services) decided that they weren't going to place kids in residential the way they were now," Flohr said. "There was a real directive for them — particularly some of our judges in certain parts of the state that were using this a lot — were given a directive to use the boys' school and girls' school."

Students voluntarily enter NSI through education-based referrals or are court-ordered to NSI's specific programming depending on fit and space available. Of the 80 chil-

dren currently in NSI's programming, 54 come from Montana, 20 from California, two from Oregon and one from Illinois.

Fifty-two boys and 28 girls attend NSI. Most California students, Flohr said, are not court-ordered but instead are referrals from educational institutions as post-adoptive children. The organization employs nine full-time therapists, and 30-40% of the student population participates in intensive drug and alcohol treatment programs.

Flohr said the student-to-staff ratio sits at 6-1 and sometimes 4-1, meaning anywhere from three to four staff members monitor each facility, or house, on campus.

Relationships with neighbors

Community members living close to the NSI campus have told The Press they're fearful of letting their children out in backyards because of potential interactions with runaways. Sheridan resident Will Raley had a personal vehicle broken into and items taken out of it and a truck stolen off of his property near Airport Road. In speaking with police, the runaway indicated he had observed items in the household through a window in addition to the thefts.

"I told [then director Gary Flohr] my concerns, I said 'I have a 5-year-old and I have a 2-year-old, and I come from Texas. I know what crime is like and it startled me as a parent if this kid had the nerve to know that my daughter's windows were open,'" Raley said. "It kind of startled me as a parent thinking I'm that many feet away, if he gets in that room, we would have not known it's so quiet of an

area.

"That kind of alerted me, so I told Gary (Flohr) and Gary told me, 'You don't have anything to worry about with these kids.' But his story and the Missoula police's rap sheet on this kid ain't jiving," Raley continued.

Community notifications of runaways are inconsistent, but law enforcement agencies send out Code Red alerts to those near the area when they are notified of NSI runaways. Code Red phone call alerts are initiated by Sheridan County dispatch and call back automatically at least three times if the phone call is not answered on the first few tries, meaning a middle-of-the-night escapee disrupts evening and nighttime routines for local families.

Runaways are not always reported immediately, though, taking citizens off guard if they see runaways sprinting by their homes. The river runs between Holly Townsend's home and the NSI campus. Even with the natural barrier, Townsend and her family have witnessed students running away during all times of the year and in all types of weather since 2017.

"We had kids running away — (NSI) didn't even know they had runaways — we saw them on our property and my husband went and retrieved them with our dogs," Townsend said of a 2017 encounter with NSI students.

Townsend said in 2017 NSI administrators were accommodating of the issues. As years passed and more incidents occurred, runaways continued once or twice a week throughout the nights and the relationship between the school and the family faltered.

Sheridan County Sheriff Allen Thompson suggests to homeowners in the Goose Creek drainage area and neighbors of Normative Services, Inc. secure outbuildings, vehicles and homes to prevent potential break-ins by runaways.

"(Securing your property), because that's the right thing to do even if there aren't runaways, is the best thing to do," Thompson said. "Then when you do see something out of place, even when you don't know if there's a runaway, please give us a call, police department or sheriff's office, wherever you're at give us a call and we'll look into it."

When community runaways are reported to dispatch, Thompson said it usually takes one or two deputies away from normal patrol. For NSI runaways, though, he mobilizes all

deputies on shift because of the type of students NSI accepts — some court-ordered students and others by referral from educational institutions for behavioral or psychological issues.

SPD officers also respond if the runaway is suspected to be within the city's jurisdiction. Usually, runaways head straight for town. Flohr said they often run to the top of the hill behind NSI and divert directly to the airport grounds, which sits out of SPD's jurisdiction but remains close on Big Horn Avenue and Brundage Lane.

Flohr explained to commissioners that staff members lock up students' sneakers after 7 p.m. each day to try and deter sprinters. If students run away and are returned to NSI, they often will take away their foot-wear altogether and require students to remain under constant supervision for a period of two or three days.

Legally, though, unless under court orders, runaways are not violating the law until they commit a crime, like recent thefts or burglaries. NSI is private and some individuals choose to check themselves in for services. NSI runaways are, under law, just like a disgruntled teenager walking out on a fight with his or her parent for a couple hours.

"There's a lot of resources expended on it," Thompson said in relation to how local law enforcement approaches NSI runaways. "And we have a lot of meetings every year or two to try and stem this and so not only the resources on the street, but the administrative, and trying to collaborate with them to get this under control has been pretty time consuming also."

Root causes

Flohr attributed staff turnover to recent struggles in keeping students contained on campus.

"We hit some changeover in positions," Flohr said. "We lost some key people (including) my group living director, who's like second in command, my right-hand person."

Flohr said with a high-risk job and low wages, it's difficult to compete in a community like Sheridan for qualified and effective employees.

"For us to compete in this community, we've got to raise our wages," Flohr said. "And to a high number compared to what we're at now. Not many people will work for \$12 and a quarter for what we do when you can go out at the truck stop and work as a night clerk

for \$12.50."

New trends in facilities like NSI have also created challenges as emphasis is placed on less physical contact with students.

"Basically you don't restrain unless it's danger of self or danger of others," Flohr said.

Flohr said many students are behavioral in nature, thus often responding emotionally and creating a potential runaway situation quickly.

Solutions on the horizon

While Flohr told commissioners that NSI administration can't even entice community members — and especially the school's neighbors — to attend a free community picnic on the NSI campus each year, hopes remain high that relationships will be mended.

Flohr said the agency soon plans to construct a 10-foot non-climb fence on the back side of the property where most students escape. In addition, the agency installed 40 cameras on campus around two years ago and will add 20 additional cameras to its new building in August, Flohr said.

In response to requests from The Sheridan Press for in-person or telephone interviews with administration, an emailed letter through a public relations firm from Mandy Moses, chief operating officer for Sequel Youth and Family Services, indicated the company will install window alarms and cameras in all houses at NSI by mid-August, with the exception of one home that will soon not house any students.

In addition, the vice president of Sequel Youth Services sent two additional administrators from other Sequel facilities to "put more eyes on what's going on out here," Flohr said. In addition, Flohr is moving to another sector of the company.

"I'm stepping down from my role (July 29)," Flohr told county commissioners of his executive director position. "We have a new director coming in and starts (July 29). I'm sticking around through the month of August. I'm going to stay with the company because what we're going to do is we're going to develop statistics."

Clayton Carr replaced Flohr as executive director in Sheridan, and Sequel hired a new group living director, staff development director, three new program directors and additional overnight staff.

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LION KING Daily 4:15 7:00 9:30 Saturday - Sunday 1:40

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Reo Kimball Barney

June 5, 1938 – July 30, 2019

Reo Kimball Barney (81) of Ranchester, Wyo. passed away peacefully Tuesday, July 30, 2019 at his home surrounded by his loving family. Reo was born June 5, 1938 on a farm near Delta, Utah to Avon and Vera (Johansen) Barney. Reo attended Southerland Elementary School and graduated from Delta High School. On May 2, 1956 he married his eternal sweetheart, Paula Turner. They were later sealed for time and all eternity in the Salt Lake Temple. Reo and Paula enjoyed 63 years together, they were inseparable. In 1960 Reo moved to Wyoming to partner with his father on the Barney Brothers Ranch near Ranchester. Reo retired from the VA Hospital after 31 years. He also was employed at Sheridan Memorial Hospital for 11 years and NSI for 8 years. He loved working along side his son's Randy and Bret on the family ranch for many years. Reo was a devoted member of The Church of Jesus Christ of Latter-Day Saints. He was instrumental in establishing the Ranchester Branch of The Church of Jesus Christ of Latter-Day Saints in Ranchester where he served as Branch President for almost 11 years. Reo was a collector of knives and old tools and miniature cars and tractors. He loved sitting on his porch looking out at the Tongue River running by his house. He liked going on car rides around the area seeing the "sights". Above all, he loved the family get togethers, he would always say "Darlin' this is what it's all about". Reo was preceded in death by his parents, his sister, Betty Rollins and daughter, Jaynie Brokaw. Reo is survived by his loving wife, Paula. His daughter, Teresa (Dan) of Ranchester, his son, Randy (Pauline) of Wyarno, his son Bret (Marsha) of Spanish Fork, Utah, his sister Merle (Kevin) of Salt Lake City, Utah, his sister LaVon of Salt Lake City, Utah, his little brother, Gary (Lenore) of Lander, Wyoming, 22 grandchildren and 25 great grandchildren. Reo's greatest joy in life was his family, he was their "Rock. We will miss you "Bapa". A visitation will be held on Tuesday August 6, 2019 at 10:00 A.M. at The Church of Jesus of Latter-Day Saints. Interment will be in Juniper Heights, Sheridan Memorial Cemetery. A reception/picnic will follow at the Barney Ranch, 735 Brook St., Ranchester, Wyoming. Champion Funeral Home has been entrusted with local arrangements.

Reo Kimball Barney



David J. Hanlin

David J. Hanlin

December 7, 1935 – July 30, 2019

David J. Hanlin (Dave) was born December 7, 1935 in Douglas Wyoming to Jack and Helen Hanlin. He grew up in Douglas with his brother and best friend Jim. In high school, Dave excelled in football, baseball and track. His focus was on sports until a tragic fire accident changed his direction from sports to academics. He graduated from Douglas High School in 1954.

Dave attended the University of Wyoming and received a Civil Engineering degree. During his four years in Laramie, he developed a lifelong love for the Wyoming Cowboys.

Dave began working on survey crews for the Wyoming Highway Department during his college years. He graduated from the University in 1959 and remained with the Highway Department for his entire working career, over 45 years. He held positions in Douglas, Cheyenne, Wheatland and Sheridan.

Dave married the love of his life, Mary Combs on August 16, 1961. To this union, they were blessed with two children, Steve and Lisa. Mary developed health issues that required Dave to become her primary caregiver which became his priority for 5 years. Mary passed away on September 15, 2018.

Dave was an active member of the First United Methodist Church. He enjoyed fly fishing, watching baseball, especially the Cleveland Indians, watching the Wyoming Cowboys, making and shooting bows and woodworking. After his retirement, Dave and his brother Jim restored a log cabin in the Medicine Bow National Forest. He found great peace and relaxation sitting on the porch of the cabin and often would say "Who ever doesn't like this life is crazy". His greatest joy was his family and he was always involved in his grandchildren's activities.

Dave passed away on July 30, 2019 at the Sheridan Memorial Hospital. He was proceeded in death by both his parents, Jack and Helen, his brother Jim and his wife Mary. He is survived by his son Steve Hanlin (Mary Beth) and daughter Lisa Schied (Syl); grandchildren Sean Hanlin, Kevin Hanlin, Audrey Schied and Cleo Schied; sister in law Sharon Hanlin; nephews Todd Hanlin (Jennifer), Brett Hanlin (Renee) and John Combs (Katy); niece Tracey Hanlin; uncle Ted Walton, and numerous cousins.

Funeral Services will be held at a later date this fall. Memorials can be made to The First United Methodist Church in Sheridan or the American Lung Society.

Online condolences may be written at www.kanefuneral.com.

Kane Funeral Home has been entrusted with local arrangements.



Ronald G. Lytton

Ronald G. Lytton

June 3, 1950 – July 24, 2019

Ronald G. Lytton passed away Wednesday, July 24th, 2019.

Born June 3rd, 1950 in the "NEW" hospital, the youngest of three children, Ron graduated from Sheridan High with the class of '68 and later enlisted in the US Navy in 1971. He was sent into active duty aboard the U.S.S. Point Defiance where he earned high regards as a Machinist Mate Third Class. He

actively served in the Vietnam War until December of 1974 and was relieved of active duty before transferring to the Navy Reserves in San Diego, CA. Ron served 3 more years on board the U.S.S Denver before honorably discharging in January 1977. For his service, Ron received the National Defense Service Metal, the Combat Action Ribbon, the Republic of Vietnam Campaign Metal and the Bronze Star.

After his time in the service, Ron became a self-employed mechanic for the local Sheridan community. Ron was a man of many talents. When not at work you could find him water or snow skiing, dancing, playing darts, fishing, traveling or simply around the farm helping out his parents or enjoying a morning coffee and conversation.

His biggest passion in life was his airplanes and being a pilot. Many who knew him still make mention of his pilot skills and aircraft knowledge. Ron was even given special mention in Mark Smiley's book, "Surviving the Bighorns," where Ron's unimaginable flying skills brought him the closest to rescuing Mark in the Little Goose during a search and rescue mission...one in which Ron was advised not to attempt!

Through the years there was always one constant about Ron (besides his mischievous ways)...that big boisterous, Ron Lytton, trademark laugh! That laugh gave him away every time, letting everyone near enough to hear it know he was close by. His laugh was uniquely his and I doubt we will ever hear another one quite like it!

Ron is preceded in death by his parents Ruth M. (Smallwood) and Everett R. Lytton. He is survived by his son George J. Lytton, a brother Joe Lytton and wife Sue Lytton, a sister Shirley Weidt, 5 grandchildren A.J., Jordin, Miles, Bentley and Dallas Lytton, along with nieces and nephews.

An informal service will be held at the Bighorn Mountain Eagles Club at 2 p.m. on Saturday, August 31st. American Legion Honor Guard presentation will be made followed by a 21 gun salute. Feel free to bring a writing of your favorite "Ron Lytton memory" for the family to keep in his memory.

See all obituaries from The Sheridan Press online at www.thesheridanpress.com

DEATH NOTICES

Joan Skewes-Cox Malone

Joan Skewes-Cox Malone, 103, died Thursday, Aug. 1, 2019, at her residence. Online condolences may be written at www.championfh.com. Champion Funeral Home has been entrusted with local arrangements.

AGENDAS

Sheridan County Commission

Regular staff meeting

8:45 a.m. Monday

Sheridan County Courthouse Addition,

second floor Commission Library #216

- Call to order
- Voucher review
- Staff/elected reports
- Consider Mill Levees for FY2019-20
- Adjourn

Sheridan City Council

Regular meeting

7 p.m. Monday

Sheridan City Hall

- Call to order
- Pledge of Allegiance
- Invocation by Gary Kospa with Volunteers of America

Volunteers of America

Roll call

Consider agenda

Consent agenda

Staff update

A. Main Street Lane

Configuration Test Update

New business

A. Consideration of award to CMI-TECO for two side-load sanitation trucks

B. Consideration of award of Kendrick Golf Course equipment lease

C. Consideration of acceptance of the city of Sheridan Park Facilities, Pathways and Open Spaces Master Plan

Council comments and requests for future agenda items

Public comments

MOBIUS

Paleon moves closer to unearthing full dino skeleton

BY MIKE MOORE
DOUGLAS BUDGET
VIA WYOMING NEWS EXCHANGE

GLENROCK — Christopher Rusin wedges a fine needle-point tool into hard-packed mud stone that hasn't budged in more than 60 million years. At his feet rests a pile of mangled bones from a dinosaur. It's Rusin's first dinosaur dig. He drove north from his hometown of Golden, Colorado, to check "dinosaur dig" off his bucket list.

It's his fifth consecutive day out in the Wyoming summer heat, but you couldn't tell by the permanent grin he's wearing. Even the blister on his palm — the size of a silver dollar handed down from a shovel a few days prior — can't keep him down.

A few feet to his right, Paleon Museum Director Sean Smith carefully applies a hardening substance to the exposed pile of bones slowly and methodically. He can't afford to make a mistake.

"(The) inside of some of these ends is literally almost like dust," he said of the bones still halfway encased in mud stone.

Although the two work quietly and carefully around the heap of dinosaur bones, Sean's excitement level is through the roof.

His exhilaration extends from one lingering question: what is this thing?

"We haven't found the piece to say, 'This is exactly what it is,'" he explains. "Triceratops is the most common animal out here. That's the one it doesn't look like. The other animal is torosaurus."

The torosaurus is in same family as triceratops, akin to difference between a moose and elk but on a much grander scale.

Below Sean's boots rests the most complete animal he has ever found on the hillside just a stone's throw away from downtown Glenrock. A place, due to a longstanding agreement with gracious landowners, that he has romped around, looking up and down and all around for dinosaur fossils a good portion of his life.

It's where he found Stephanie, a triceratops that put Glenrock on the map for having dinosaur bones in the ground, which in turn spurred the Paleon Museum's inception about two decades ago.

Stephanie was a great find, but where Smith hovers now could be an even greater discovery. These bones could leapfrog Glenrock as a destination for dinosaur connoisseurs from around the globe. Will that be the case? Sean can't definitively say just yet, but he remains optimistic.



COURTESY PHOTO | MIKE MOORE, DOUGLAS BUDGET

Sharon Bax of the Morrison Natural History Museum (at left) and Kathleen O'Brien Ellis of Reading, Pennsylvania pull out a small piece of a torosaurus frill and a femur of an unidentified animal from the "Bert" quarry. The dig is taking place near an excavation to uncover what may be a full skeleton of a torosaurus nicknamed "Carol."

Torosaurus bones have been found along the ravine of the exposed Lance Formation in five spots, but all of these consisted of much smaller finds. This one is different.

"We know they're here, so it wouldn't be a totally unique situation for us but would certainly be one of the most complete torosaurus skeletons found anywhere," Sean explains.

"Really?" Rusin questions, immediately taking more care around the bones as he plucks away clumps of mud stone.

"It's only the third one ever found, postcranial," Sean's father Don Smith chimes in from across the quarry. "They've found several skulls, but nothing with postcranial."

Finding the third-ever torosaurus alone would be a huge accomplishment for Sean in his professional career.

That's not the only factor sweetening the pot.

"We have more bones than either one of the other two (torosaurus finds)," Don adds with a grin.

The dinosaur was given the name Carol in 2015 after Stuart McCrary found the first bones and had the honor of naming the animal. He opted to name it after his wife. The bone he saw was

sticking out from a hillside within 100 yards from the popular "Bert" quarry the team has been excavating for the better part of 10 years. Each year, heavy spring rains erode the soft sandstone earth, revealing more and more to investigate.

"This is the second really hard season on it," Sean says of the slow, painstaking work to unearth Carol. "It took us a couple of years to really get to it."

What they're finding in the location consist of mostly complete bones, Sean says as he points to one of the ribs.

"They're absolutely complete for the bones they are," he said. "The preservation on them is kind of tricky, as they are a little less preserved. We're not seeing the amount of mineralization we do in others (quarries)."

Potentially sitting atop a world-class dinosaur find, the fragile nature of the bones forces a delicate process when bringing the bones out of the earth.

Diving into such a rare find, they aren't particularly in a big rush, and rightfully so. In two summers, they've found 41 out of more than 200 bones, exposing roughly a quarter of the complete skeleton.

Sean would love to know if he has a complete torosaur

just waiting to come out of the site, but he will have to test his patience, digging during the narrow window of summer. By October, working at the site becomes tricky at best, and they have to pack up for winter.

"If it turns out to be torosaurus, some of these bones have not been discovered," Sean points out of the site's significance. Finding a complete skeleton can aid other finds, as there will be a bone to which to compare others.

"One of the big problems right now is, there is not a lot of known differences between the bodies of triceratops and torosaurus," Sean explains in the hot sun. "If we can definitely pin this one to it with as complete as these bones are, then we may be able to help define the difference of the bones themselves."

Finding the complete skeleton could mean big financial gain for the museum, as they can sell casts from their find to the two other torosaurs in museums elsewhere to make their skeletal displays complete.

Normally, sites featuring dinosaur bones consist of a wide range of animals. Prehistoric flowing water can move bones around and typically deposit them in areas such as a point bar in the river system.

Carol's situation is slightly different. She was found in a long-standing pond with no water flow, meaning the pile of bones they are uncovering all come from one particular creature.

"These bones have actually dropped right where they did 68 million years ago and its all one individual," Sean excitedly proclaims. "That's information we're getting from the rock. It's a very unique system."

They've found a good portion of the left side of the animal thus far, so moving forward Sean hopes to uncover the right side of the animal, along with the skull.

"That's going to be the big key. If we can find that kind of stuff, we know we have a really good, complete animal."

This could be what defines the description of what a torosaurus is, which would be spectacular," Sean says. "That goes on the worldwide books as, 'It's here in Glenrock.' That brings in students, doctorates, other paleontologists. That would be a big key for us."

As per the agreement between the museum and the landowner allowing them to dig, Carol would remain in Glenrock for the purpose of education.

Sean hopes to remove all of the bones that have been

exposed at the site this year and get them back to the museum. He says working at a site like Carol's can be a 10-year process from excavation to being on display, so they have a long road ahead of them.

Sean and his father are itching to learn more about what they've been sitting on for the better part of four years but remain vigilant and stick to their standards to take it one bone at a time. Don, who helps his son out each summer, couldn't really ask for a more exciting venture to keep him busy in retirement.

"I'm looking forward to getting most of these exposed bones right now," Don adds with excitement as he gazes over the progress made. "That's my view."

There's still a lot of summer sunshine left this season and more groups of diggers scheduled in the coming weeks. With that, Sean feels confident for what they can accomplish in the remaining weeks before snow flies. Once they have the exposed bones in the museum for further analysis and preservation, the site will be covered back up.

Then, it's months of waiting for winter to disappear and the next season of digging to begin.

Valier's Mushroom Man finds local ag niche with gourmet crop

VALIER, Mont. (AP) — David "The Mushroom Man" Schaibley circled back to his boyhood for a business venture in his senior years.

Schaibley grew up on a dairy farm in northern Illinois. His father was seriously injured in the Korean War and his mother worked. As a consequence, he spent a lot of time with his grandparents, and, as soon as he could keep up, he trailed along with his grandfather into the forest hunting for mushrooms.

These days, Schaibley is at the helm of D.E.S. Mushrooms, a mushroom farm focusing on unusual, gourmet varieties, the Great Falls Tribune reported.

The mushrooms grow in straw-filled bags seeded with grain spawn. That's grain covered with fuzzy white threads from which fruit the mushrooms. Instead of

pasteurized straw, some mushroom growers use corn waste or spent coffee grounds.

After the straw blocks are spent, they can be used to recondition soil in a garden.

From one bag in his operation, the buds of a pink oyster mushroom had emerged. Another had yet to produce fruit after a month and may need another two weeks.

He looked into the darkest corner, where he's experimenting with a wheat bag filled with straw, much larger than his usual growing system. It finally was bearing fruit, little pin-heads that would grow into mushrooms.

"My goodness, I have been waiting for these for a month," he said.

Schaibley grows pearl, phoenix, pink, clamshell, Florida, blue and grey dove mushrooms. His favorite variety is the grey dove mushroom, a type of

oyster mushroom, and customers say the pearls are the best for salads.

"They fry up the best and have the best flavor," he said.

He chops his mushrooms, including the stems, and sautes them until they're golden with butter, garlic, onion, salt, pepper and thyme. They're great on pizza, steak, burgers or right out of the pan.

He's even pitched as a T-shirt logo for mushrooms fanatics: "I love grey doves."

"People are responding in numbers I never expected," Schaibley said. "I can't go fast enough."

He's sold out at the Great Falls Farmers Market every Saturday for the two years of his venture. He sells in Cut Bank, too, and a few customers have found his place behind the First Baptist Church in Valier.

Part of the job is education. People are curious about the varieties they've never heard of, and they wonder how to use them.

Then they get excited to try the mushrooms — and come back the next Saturday for more.

"You're feeding someone and making them happy," he said. "I never anticipated the need or interest."

People constantly ask him about morel mushrooms. That's what he combed the forest for as a child. They're delicious, but how to grow them is nature's secret — and he's OK with that.

The satisfaction of growing food for others harkens back to his dairy farming days, plenty of work but he doesn't have to milk cows twice a day.

"There's always something to do at Dave's House of Mushrooms," he said.

In the winter, he doesn't have a market. He tries to dry the mushrooms, but some got old on him this winter. It was discouraging, so he stepped back. He wishes he'd kept at it hard so he'd be better able to meet demand this summer.

Five years ago, Schaibley saw mushrooms growing from a Folgers coffee can. He figured he could do it.

"I got too old to hunt, and my legs went to heck," he said. "I made the mushrooms come to me instead."

Growing the mushrooms is relaxing and enjoyable, he said, and doesn't require him to do any heavy lifting or hard walking.

The actual process has proven much more complicated but fascinating, too. He's learned detailed sanitizing processes and how many contaminants are in the very air.

FLYING H-IGH ABOVE THE REST



JOEL MOLINE | THE SHERIDAN PRESS

Nicolai Galindo performing a nearside backhand hit at the Flying H Polo Club on Thursday, Aug. 1, 2019.

Local polo club brings ease, teamwork to pros

BY JOEL MOLINE

JOEL.MOLINE@THESHERIDANPRESS.COM

SHERIDAN — Flying H Polo club claims to have the best summer polo in the country. Ask the players at the Flying H and they will agree.

The facilities and field conditions contribute to that elite status. Nicolai Galindo is a professional four-goal player who travels to Midland, Texas, during the spring and California during the winter. Galindo said the fields at the Flying H are some the best, rivaling the fields that he plays on in California.

Nonprofessional players also enjoy the fields at the Flying H. Tom Sprung owns a construction company in the Denver area and has been coming up to the Big Horn and Sheridan area for the past 10 years to play polo. He started out by playing at the Big Horn Polo Club and is playing his first season at the Flying H.

Sprung said the combination of the great fields and amazing weather makes the polo very enjoyable. Sprung attributes Flying H being the best place to play polo to the way the teams are changed each week, which differ from teams out west. Sprung said during the winters he takes his team out to play at the Eldorado Polo Club in Indio, California, and teams remain the same all season.

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SEE POLO, PAGE B8



JOEL MOLINE | THE SHERIDAN PRESS

Tom Sprung advancing the ball down the field at the Flying H Polo Club on Thursday, Aug. 1, 2019.

Andy Ludwig brings evolving offense back to Utah

SALT LAKE CITY (AP) — When Andy Ludwig looks out at a Utah football practice, he sees a few noticeable differences from a decade ago. The football facilities are much more elaborate. The athletes are bigger and faster.

Ludwig has similarly undergone changes as an offensive coordinator. It is reflected in how he is approaching his second stint under longtime Utes coach Kyle Whittingham.

His playbook is like a living

thing.

"It's continuing to evolve and will evolve the remainder of my career," Ludwig said as the team opened fall camp this week. "I'm just trying to make sure we've got enough different schemes that fit the current roster. We've got a lot of talent on this roster. We're going to pick the best plays to highlight their skills and abilities."

If Ludwig's offense can match the level of success it enjoyed

when he coached for the Utes from 2005 to 2008, Utah could live up to the preseason projection that it will win the Pac-12.

During Ludwig's first stint as offensive coordinator, the Utes twice finished second in the Mountain West Conference in passing offense. Utah led the league in total offense in 2005 (473 yards per game). The Utes finished first in scoring offense in 2008 (36.9 points per game) — the year of Utah's BCS-busting run that

ended with a Sugar Bowl victory over Alabama.

Ludwig moved on to successful stints as offensive coordinator

at California, San Diego State,

Wisconsin, and Vanderbilt before

deciding to return to Salt Lake City in January.

Whittingham welcomed back a

coordinator who has an offense

that fits his own coaching philos-

ophies. He sees many of the ingre-

dients that made the scheme suc-

cessful a decade earlier still in the

mix. "There's more similarities than differences," Whittingham said. "Just little tweaks here and there. The route structures. Maybe some additions to the run game. But the basis and the phi-

losophy is not much different."

Utah's players are embracing

Ludwig's offense with enthu-

siasm. It is a bit slower and features

more huddles between plays than

what they've run in the past.

SEE UTAH, PAGE B2

UTAH: Ludwig is relishing the chance to work closely with Huntley

FROM

Still, they are seeing and absorbing aspects of the game in a whole new way.

Senior quarterback Tyler Huntley said Ludwig has

helped him recognize multiple defenses better than at any other time in his football career.

"He's teaching me things I've never been taught before," Huntley said. "I

continue to want to learn from him and he's continuing to teach me. I can't wait to see what this season has got in store for us."

For his part, Ludwig is relishing the chance to work

closely with Huntley. The quarterback threw for 1,788 yards and 12 touchdowns last season before missing the final five games with a broken collarbone. Huntley ranks 11th at Utah with

4,259 career passing yards. Ludwig feels like they've just scratched the surface on his true potential.

"He's a football fanatic and works very hard at it," Ludwig said. "He did a

super job over the summer with his strength and conditioning and then studying the game. Tyler is putting himself in a position to play the best football of his career."

SCOREBOARD |

MLB |

East Division

	W	L	Pct	GB
New York	68	39	.636	—
Tampa Bay	63	48	.568	7
Boston	59	51	.536	10½
Toronto	44	67	.396	26
Baltimore	36	72	.333	32½

Central Division

	W	L	Pct	GB
Minnesota	66	42	.611	—
Cleveland	63	45	.583	3
Chicago	46	60	.434	19
Kansas City	40	70	.364	27
Detroit	32	72	.308	32

West Division

	W	L	Pct	GB
Houston	70	40	.636	—
Oakland	62	48	.564	8
Los Angeles	56	54	.509	14
Texas	54	54	.500	15
Seattle	47	64	.423	23½

Thursday's Games

Miami 5, Minnesota 4, 12 innnings
N.Y. Mets 4, Chicago White Sox 0
Oakland 5, Milwaukee 3
Toronto 11, Baltimore 2
Houston 7, Cleveland 1
Tampa Bay 9, Boston 4
Friday's Games
Boston at N.Y. Yankees, 7:05 p.m.
Chicago White Sox at Philadelphia, 7:05 p.m.
Toronto at Baltimore, 7:05 p.m.
L.A. Angels at Cleveland, 7:10 p.m.
Detroit at Texas, 8:05 p.m.
Kansas City at Minnesota, 8:10 p.m.
Seattle at Houston, 8:10 p.m.
Saturday's Games
Boston (Sale 5-10) at N.Y. Yankees (German 13-2), 1:05 p.m., 1st game
Miami (Hernandez 1-4) at Tampa Bay (TBD), 6:10 p.m.
Boston (Johnson 1-1) at N.Y. Yankees (TBD), 7:05 p.m., 2nd game
Chicago White Sox (Detwiler 1-1) at Philadelphia (Nola 9-2), 7:05 p.m.
Toronto (Pannone 2-4) at Baltimore (Bundy 5-11), 7:05 p.m.
Kansas City (Duffy 5-5) at Minnesota (Gibson 10-4), 7:10 p.m.
L.A. Angels (Pena 8-3) at Cleveland (TBD), 7:10 p.m.
Seattle (Gonzales 12-8) at Houston (Sanchez 3-14), 7:10 p.m.
Detroit (Boyd 6-8) at Texas (Sampson 6-8), 8:05 p.m.
St. Louis (Hudson 10-5) at Oakland (Fiers 9-3), 9:07 p.m.
Sunday's Games
Chicago White Sox at Philadelphia, 1:05 p.m.
Toronto at Baltimore, 1:05 p.m.
L.A. Angels at Cleveland, 1:10 p.m.
Miami at Tampa Bay, 1:10 p.m.
Kansas City at Minnesota, 2:10 p.m.
Seattle at Houston, 2:10 p.m.
Detroit at Texas, 3:05 p.m.
St. Louis at Oakland, 4:07 p.m.
Boston at N.Y. Yankees, 7:05 p.m.

East Division

	W	L	Pct	GB
Atlanta	65	45	.591	—
Philadelphia	57	51	.528	7
Washington	57	51	.528	7
New York	53	55	.491	11
Miami	42	65	.393	21½

Central Division

	W	L	Pct	GB
St. Louis	58	50	.537	—
Chicago	57	51	.528	1
Milwaukee	57	53	.518	2
Cincinnati	50	57	.467	7½
Pittsburgh	47	61	.435	11

West Division

	W	L	Pct	GB
Los Angeles	72	39	.649	—
San Francisco	55	54	.505	16
Arizona	54	55	.495	17
San Diego	50	58	.463	20½
Colorado	50	59	.459	21

Thursday's Games
Miami 5, Minnesota 4, 12 innnings
Philadelphia 10, San Francisco 2
N.Y. Mets 4, Chicago White Sox 0
Oakland 5, Milwaukee 3
St. Louis 8, Chicago Cubs 0
Atlanta 4, Cincinnati 1, 7 innnings
L.A. Dodgers 8, San Diego 2
Friday's Games
Milwaukee at Chicago Cubs, 2:20 p.m.
Chicago White Sox at Philadelphia, 7:05 p.m.
N.Y. Mets at Pittsburgh, 7:05 p.m.
Cincinnati at Atlanta, 7:20 p.m.
San Francisco at Colorado, 8:40 p.m.
Washington at Arizona, 9:40 p.m.
San Diego at L.A. Dodgers, 10:10 p.m.
Saturday's Games
Milwaukee (Gonzalez 2-1) at Chicago Cubs (Hamels 6-3), 2:20 p.m.
Miami (Hernandez 1-4) at Tampa Bay (TBD), 6:10 p.m.
Chicago White Sox (Detwiler 1-1) at Philadelphia (Nola 9-2), 7:05 p.m.
N.Y. Mets (Stroman 6-11) at Pittsburgh (Archer 3-8), 7:05 p.m.
Cincinnati (Bauer 9-8) at Atlanta (Keuchel 3-4), 7:20 p.m.
San Francisco (Bumgarner 6-7) at Colorado (Gray 10-7), 8:10 p.m.
Washington (Strasburg 14-4) at Arizona (Young 4-0), 8:10 p.m.
St. Louis (Hudson 10-5) at Oakland (Fiers 9-3), 9:07 p.m.
San Diego (Quantrill 4-2) at L.A. Dodgers (Buehler 9-2), 9:10 p.m.
Sunday's Games
Chicago White Sox at Philadelphia, 1:05 p.m.
Miami at Tampa Bay, 1:10 p.m.
Cincinnati at Atlanta, 1:20 p.m.
N.Y. Mets at Pittsburgh, 1:35 p.m.
Milwaukee at Chicago Cubs, 2:20 p.m.
San Francisco at Colorado, 3:10 p.m.
St. Louis at Oakland, 4:07 p.m.
San Diego at L.A. Dodgers, 4:10 p.m.
Washington at Arizona, 4:10 p.m.

Aug. 4

1884 — Pud Galvin pitched the most lopsided no-hitter in major league history as the Buffalo Bisons routed the Detroit Wolverines 18-0. It is the second career no-hitter for Galvin.
1910 — Jack Coombs of the Philadelphia A's and Ed Walsh of the Chicago White Sox hooked up in a 16-inning scoreless tie. Coombs struck out 18 and allowed three hits.
1945 — Bill Salkeld of Pittsburgh hit for the cycle in a 6-5 loss to the St. Louis Cardinals. The Pirate catcher went 5 for 5 and drove in all five runs.
1945 — Boston's Tom McBride became the third player to drive in six runs in an inning as the Red Sox pounded Washington 15-4. McBride had a bases-loaded double and triple during the Red Sox's 12-run fourth inning.
1953 — New York's Vic Raschi set a record for a pitcher by driving in seven runs in a 15-0 win over the Detroit Tigers.
1963 — New York's Mickey Mantle, batting for the first time in two months after breaking his left foot, hit a pinch home run as the Yankees beat the Baltimore Orioles 11-10 for a split of a doubleheader.
1973 — John Briggs of the Milwaukee Brewers went 6-for-6 in a 9-4 win over the Cleveland Indians.

Indians.

1979 — Atlanta knuckleballer Phil Niekro set modern major league records with four wild pitches in one inning (fifth) and six in one game. The Braves lost to Houston 6-2.

1982 — Joel Youngblood became the first player in major league history to play and get a base hit for two different teams in two different cities in the same day. In the afternoon, his hit drove in the winning run for the New York Mets in a 7-4 victory at Chicago. After the game, he was traded to the Montreal Expos and played that night in Philadelphia. He entered the game in right field in the fourth inning and later got a single.

1985 — Tom Seaver, 40, became the 17th 300-game winner in major league history with a six-hitter — all singles — as the Chicago White Sox defeated the New York Yankees 4-1 on Phil Rizzuto Day.

1985 — Rod Carew of the California Angels got his 3,000th hit in a 6-5 win over the Minnesota Twins, his first major league team.

2006 — Chase Utley went 4-for-5 night in Philadelphia's 5-3 victory over the New York Mets, ending a 35-game hitting streak that tied him for the 10th longest in major league history and the fourth longest in National League history.

2007 — Alex Rodriguez became the youngest player in major league history to hit 500 home runs with a first-inning homer in a 16-8 victory over Kansas City.

2010 — Alex Rodriguez hit his 600th home run and became the youngest player to attain the milestone. His two-run, first-inning drive off Toronto's Shaun Marcum put New York ahead, and the Yankees coasted to a 5-1 victory over the Blue Jays.

2012 — Bartolo Colon of Texas became the winningest pitcher from Latin America as the Rangers beat the Seattle Mariners 11-4. After six tries, the 45-year-old right-hander got his 246th career victory and finally broke the tie with Nicaragua's Dennis Martinez. Colon gave up four runs and eight hits in

seven innings and improved his record to 6-10. Today's birthdays: Mike Soroka 22; Orlando Arcia 25; Kevin Newman 26; Domingo German 27; Jason Adam 27.

Aug. 5

1921 — Pittsburgh radio station KDKA and announcer Harold Arlin provided listeners with the first broadcast of a major league game. The Pirates beat the Philadelphia Phillies 8-5.

1927 — Philadelphia's Cy Williams hit for the cycle, drove in six runs and scored three times to lead the team to a 9-7 win over the Pittsburgh Pirates.

1931 — For the second time in his career, Jim Bottomley got six hits as the St. Louis Cardinals beat Pittsburgh 16-2 in the second game of a doubleheader.

1932 — Detroit pitcher Tommy Bridges lost his bid for a perfect game on a bloop single by the 27th Washington batter, pinch-hitter Dave Harris. The Tigers beat the Senators 13-0.

1933 — Sammy West of the St. Louis Browns had four extra-base hits in a 10-9, 12-inning win over the Chicago White Sox.

1942 — Don Kolloway's two-out steal of home in the fifth inning was the only run as the Chicago White Sox beat the Detroit Tigers 1-0.

1969 — Pittsburgh's Willie Stargell became the only player to hit a ball out of Dodger Stadium. Stargell's shot off of Los Angeles' Alan Foster cleared the right-field pavilion and landed 506 feet from home plate.

1973 — Cliff Johnson of the Blue Jays hit his 19th career pinch homer to set a major league record as Toronto beat the Orioles 4-3 at Memorial Stadium.

1999 — Mark McGwire became the 16th member of the 500-home run club, hitting two homers — Nos. 500 and 501 — in the St. Louis Cardinals' loss to San Diego.

2001 — The Cleveland Indians tied a major league record and became the first team in 76 years to overcome a 12-run deficit to win, defeating the Seattle Mariners 15-14 in 11 innnings.

2005 — Albert Pujols became the first player in major league history to hit 30 home runs in each of his first five seasons, helping the St. Louis Cardinals beat the Atlanta Braves 11-3.

2006 — Trevor Hoffman set a major league record with his 11th 30-save season and the San Diego Padres defeated the Washington Nationals 6-3.

2007 — Tom Glavine earned his 300th victory in an 8-3 victory over the Chicago Cubs. The 41-year-old left-hander became the 23rd pitcher with 300 victories and only the fifth lefty to win 300.

2013 — Alex Rodriguez was suspended through 2014 (211 games) and All-Stars Nelson Cruz, Jhonny Peralta and Everth Cabrera were banned

50 games apiece when Major League Baseball disciplined 13 players in a drug case — the most sweeping punishment since the Black Sox scandal nearly a century ago. Ryan Braun's 65-game suspension bring to 18 the total number of players disciplined for their relationship to Biogenesis of America, a closed anti-aging clinic in Florida accused

COMICS

SATURDAY, AUGUST 3, 2019

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THE SHERIDAN PRESS B3

DRS. OZ & ROIZEN

Around 45 million of you are on a weight-loss diet right now -- and have been more than once. That can be draining physically, emotionally and financially. Americans spend \$33 billion a year on weight-loss products. Unfortunately, for all that effort, almost 66% of you are overweight or obese. But you can get around those challenges and succeed. Many people do!

To help you do it, we want to suggest a new approach to the difficulties associated with upgrading your nutrition so that you can lose excess weight. We know a lot of what we provide to you is info about what you should or shouldn't eat, what kind of physical activity to get and how to fit it into your day. Rules, suggestions, pokes and prods. And don't worry, we're not going to stop. However ...

A new French study in Marketing Science looked at the amazing power of subtle nudges -- yes, nudges -- to change eating behavior, and that got us thinking. Seems folks respond very positively to the unconscious power of convenience and are willing to upgrade the healthiness of their eating behaviors when doing so is simply the easiest option.

What kind of nudges work? They're simple changes in how food options are presented to you and your family.

They're ones that you don't really have to think about and that naturally nudge you toward making the smart choice. As one researcher said: "Putting fruit at eye level counts as a nudge; banning junk food does not."

So we've taken the basic findings of the study and translated them into four simple nudges that can change your eating style, improve your nutrition and boost your weight-loss efforts.

1. Control portion size with new styles of plates and glasses.

-- A 2014 study in the International Journal of Obesity found that plates with wide, colored rims make folks think there is more food on the plate than there is.

-- Look for "MyPlate" plates (they're available online), which divide the surface into sections that hold healthy-size portions of veggies, protein, fruit and grains. They're not just for kids! And for more info on MyPlate check out www.choosemyplate.gov.

-- Yes, large glasses make for healthy servings of water, but if you're drinking fruit juices or other sweetened beverages, you want to limit your intake until you wean yourself off them (that is the goal). Get 4-ounce juice glasses.

2. Change how you arrange food in the fridge.

In this eat-on-the-run

Dr. Mehmet Oz and Dr. Michael Roizen

world, you want to make sure the food you grab to go is healthful. One study found that 70% of drivers eat while driving, and another survey done for Jenny Craig found that parents are so busy these days that they eat more than 150 meals a year standing up!

-- Store ripe apples, oranges, plums and pears in the front at eye level.

-- Wash and cut up melons and berries, and place in glass storage containers so you can see what's ready to eat. Do that with carrots, celery and bell pepper strips too.

-- It's easy to stash veggies in the big bins and forget them. Every day put a couple on a shelf so you'll remember to eat/cook them.

3. Put good stuff out for snacking.

-- Put walnut halves and almonds in a bowl next to grapes on the kitchen counter for a grab-and-go snack.

4. Let your family -- even kids -- serve themselves.

-- The "nudge study" found that when folks dish up their own food they make smarter choices for themselves than you would! That confirms previous research showing that when you choose your own food your conscience tends to guide you to healthier choices.

We don't want to be a nudge, but we hope these nudges help!

Pauline Phillips and Jeanne Phillips

DEAR ABBY: I am a 15-year-old girl who wants to become a vegetarian. I don't exactly know why. I only know I want to stop eating meat and choose a healthier alternative lifestyle. I also want to lose weight, which may happen after becoming vegetarian.

There's been a lot going on in my life lately, so I've been stress-eating. I don't hate my body, but I sure don't love it. Every picture I take, I suck in my gut because I'm insecure.

The problem is, I'm not sure how to present this to my family. I'm sure I'll get the annoying, "How could you give up steak/bacon/chicken?" from my dad and sister. Mom will probably be supportive, as she has always encouraged us to eat healthier in general, and she'll most likely help me come up with somewhat of a meal plan.

I realized I wanted to stop eating meat when I was eating bacon and suddenly felt like I wanted to throw up because I was eating something that used to be alive. Basically, I was weirded out.

How do I explain this to my family? Additionally, how can I then get my extended family to understand that I won't be able to eat meat at events such as parties and gatherings? -- FUTURE VEGETARIAN IN NEW YORK

DEAR VEGETARIAN: There is nothing wrong with being a vegetarian, but it is not a guaranteed way to lose weight. Whether or not you realize it, half your letter discusses your lack of confidence about your body. You should definitely discuss it with someone. A counselor at school could be helpful.

Before changing your diet, discuss it with your doctor or a registered dietitian so you can manage it in a healthy way. Also, go online and start

researching vegetarianism. As to your extended family, people can have full social lives without consuming meat or causing inconvenience

or discomfort to others. One simple solution would be to ask what will be served and bring something with you to eat if necessary.

CELEBRITY CIPHER by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

"N M R G V I L L J I A R M X R G H H C E O R L N
E R G L L C H C . R G H E O R L N E R G L L C H C
N V M R K H L K N M X V R G H S R P N M ."
— O R K K F R G H I K V C G

Previous Solution: "It takes two or three years for me to create a 5-minute illusion for me to get it to the level I want." — David Copperfield

TODAY'S CLUE: 9 sentence d

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ACROSS

- 1 Large tub
- 4 Prez's stand-in
- 8 Roll call reply
- 12 Even one
- 13 Humorist — Bombeck
- 14 Nefertiti's god
- 15 Brief immersion
- 16 Wildebeests
- 17 Upstream spawner
- 18 Come into view
- 20 Playful swimmers
- 22 Diameter halves
- 23 Berlin article
- 24 Red-ink entries
- 28 Before, to poets
- 31 Vatican head
- 34 Debtor's note
- 35 Pitch water

36 Fragrance

- 37 Cable network
- 38 Asian range
- 39 Freudian subjects
- 40 Gushed forth
- 42 Mensa stats
- 44 Once more
- 48 Shred
- 51 Deepen, as a canal
- 52 "Wool" on clay sheep
- 53 Insect pest
- 55 Malt brew
- 56 Prepare food
- 57 Ancient barbarian
- 58 Seed container
- 59 Shade
- 60 Move in the breeze
- 61 Stuffed animal

DOWN

- 1 "Star Wars" villain

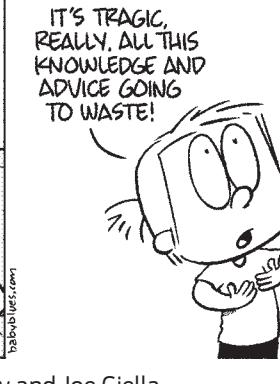
Answer to Previous Puzzle

P	R	I	G	J	A	N	H	E	M
C	O	M	E	S	O	R	O	A	Y
T	E	P	E	E	S	T	I	C	K
N	A	M	E	N	A	S	U	E	D
E	N	A	T	O	V	E	E	D	E
G	O	A	E	D	E	I	N	N	S
A	V	G	D	E	E	N	A	I	A
M	A	L	E	S	N	A	G	S	P
A	E	K	D	T	E	N	S	A	P
L	Y	I	V	Y	D	U	L	L	Y
N	E	S	L	A	S	I	A	L	E
E	Y	O	G	T	I	S	T	A	B
N	E	S	L	E	T	A	B	E	O
S	Y	L	E	N	S	E	A	R	G



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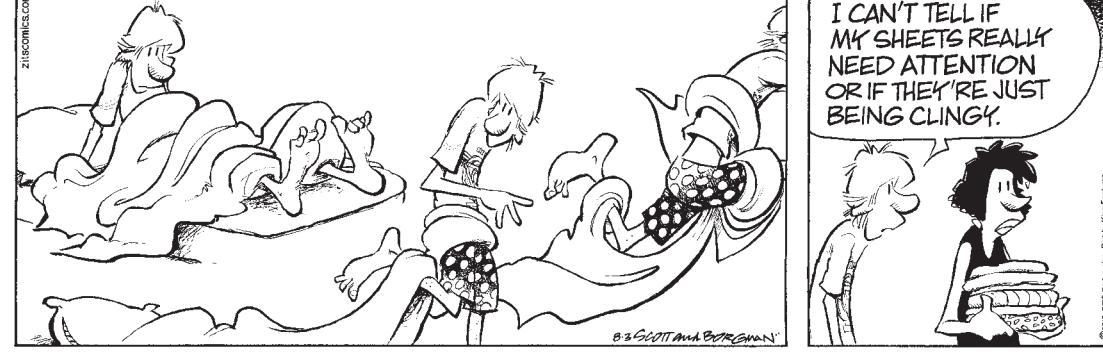
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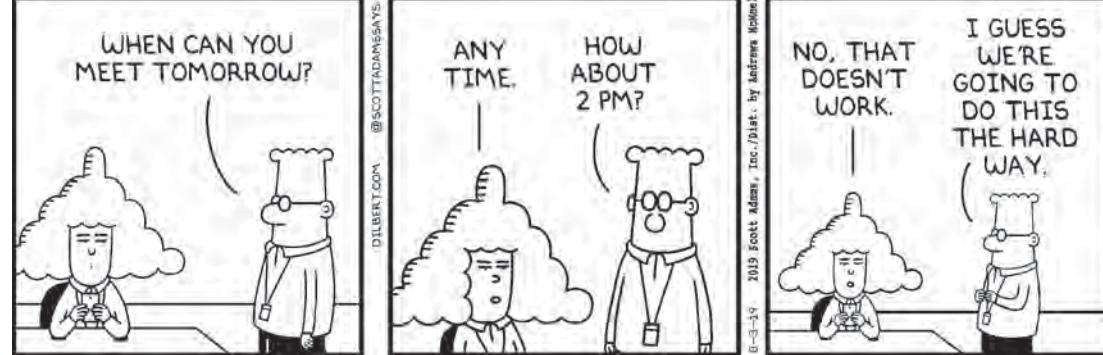
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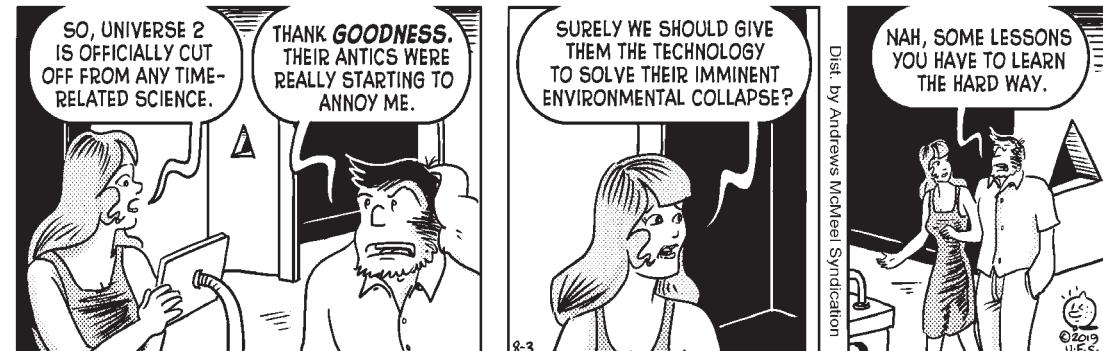
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Hints from Heloise

Heloise

my grass if it drips on the lawn. -- Dan W. in Tennessee

HANDS-FREE

Dear Heloise: For those who serve hot dogs and those who like to eat them, I would suggest the following: Place the preferred condiments in the bun before adding the hot dog. No more condiments falling out, or messy hands. I enjoy my hot dogs much more when my hands don't smell like mustard and onion, etc. -- Dorothy M., Canton, Ohio

NUMB BITE

Dear Heloise: With mosquito season in full swing, I treat an itch with a dab of toothache numbing gel. It takes the itch right out. -- Bev C., Colorado Springs, Colo.

FAT CAT AND SKINNY CAT

Dear Heloise: I have a fat cat and a skinny cat. I separate them at mealtime so they can't see each other, but I have an open kitchen, and there's only one out-of-the-way place to feed them.

I went to a craft store and got a slab of foam and a couple of foam blocks. With glue and duct tape, I created a barrier that I can put between the cats' dishes so the skinny one doesn't feel intimidated by the fat one.

It's simple to remove and store out of sight when mealtime is over. Now I'm looking forward to having both cats at the proper weight. -- Arlene in Anaheim, Calif.

MERMAID TAILS

Dear Heloise: Those mermaid swim tails that are super-popular right now? They can be dangerous. As you can imagine, they can inhibit movement in the water.

Parental supervision is necessary, at the very least. And the parent should be no more than an arm's length away, and not on a cell-phone or a tablet. -- Ron R. in Michigan

Phillip Alder



Dear Readers: Does your DOG HOWL? This can be cute, but your pet is trying to tell you something. Maybe it is lonely, bored, anxious, scared or ill.

The American Society for the Prevention of Cruelty to Animals (www.aspca.org) has some cures:

If your dog is howling because of a siren, the howling will stop when the siren stops.

If howling is a sudden onset, a trip to the doctor is in order.

If your pet howls just to get your attention, don't give it -- no eye contact, no touch, no speaking and no scolding.

Reward your dog for being calm and quiet, and make sure you spend enough time with your pet, which wants to be with you and not be alone. -- Heloise

PET PAL

Dear Readers: Meet Daisy. Twenty months old, Daisy's a nonshedding Maltese/Shih Tzu. She's as smart and as cute as she can be, and she believes everyone loves her. Everyone does!

The neighbor gives Daisy treats for a sit and a handshake. To see Daisy and our other Pet Pals, visit www.Heloise.com and click on "Pet of the Week."

Do you have a furry and funny friend?

Email a picture and description to Heloise@Heloise.com. -- Heloise

NO STICKY BLADES

Dear Heloise: I spray cooking oil on my lawn mower blades to keep grass from sticking to them. I don't use motor oil -- it can kill

Bridge



Anna Laetitia Barbauld, a prominent English poet and author of children's literature who died in 1825, said, "The most characteristic mark of a great mind is to choose some one important object, and pursue it for life."

For a bridge player, what should that one important object be?

Over the last three weeks, we have looked at key elements of defense. The most important has, so far, received only minor billing. On all deals, whether you are the declarer or a defender, track high-card points. Today's deal is one example of its value. Look at only the North and East hands.

Playing bridge for greenbacks, South is in three no-trump. West leads the spade eight: 10, jack, ace. Declarer continues with the diamond four, and West follows suit with the six (high-low with a doubleton). How should East plan the defense?

The spade-eight lead must be top of nothing. So, East knows that South started with the spade king and ace: a total of 7 points. Since his one-no-trump response indicated at most 10 points, West has to have the heart ace.

East must take the first diamond trick and shift to the heart three, low from length guaranteeing at least one honor in the suit. West wins with his ace and returns

the heart seven to give the defenders five tricks: one diamond and four hearts.

Finally, note that if East ducks the first diamond, South runs for home, taking three spades, one diamond and five clubs. When you can see how to defeat the contract, do not dilly-dally.

North 08-03-19

♠ Q 10
♥ Q 10 2
♦ K Q J 10 9
♣ A K J

West East

♠ 8 7 6 5 4 ♠ J 9 3
♥ A 7 4 ♠ K J 9 3
♦ 6 3 ♦ A 8 5 2
♣ 5 4 2 ♣ 7 6

South

♠ A K 2 ♠ A K 2
♥ 8 6 5 ♥ 8 6 5
♦ 7 4 ♦ 7 4
♣ Q 10 9 8 3 ♣ Q 10 9 8 3

Dealer: North

Vulnerable: Both

South West North East

1♦ 1♦ Pass Pass

1NT Pass 3NT All Pass

Opening lead: ♠ 8

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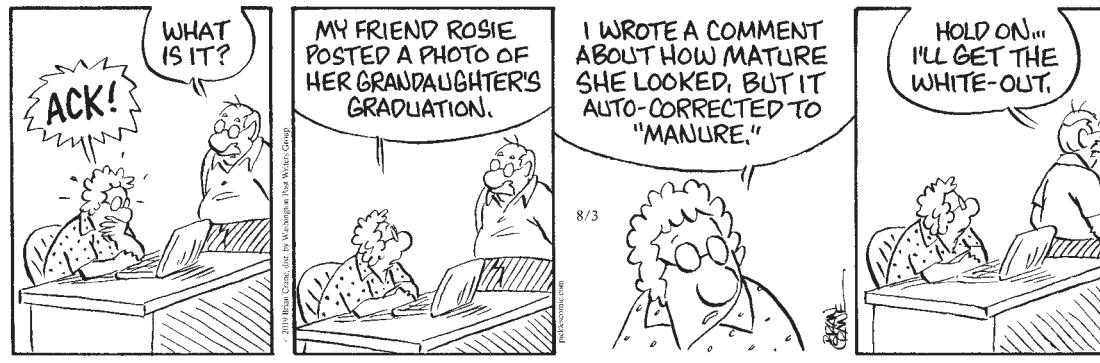
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SATURDAY, AUGUST 3, 2019

PICKLES



BIZZARO



NON SEQUITUR



JANRIC CLASSIC SUDOKU

Fill in the blank cells using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process elimination to solve the puzzle. The difficulty level ranges from Bronze (easiest) to Silver to Gold (hardest).

5			7			6		
8		1						
6	7				9	2		
9		3		6				
3	4		5	2		9		
	8		4		3			
4	2				1	6		
			7		2			
5		8			4			

Rating: GOLD

Solution to 8/2/19

9	5	2	8	7	1	4	6	3
4	7	8	2	3	6	5	1	9
1	6	3	9	4	5	7	2	8
7	2	9	3	6	8	1	4	5
5	4	6	1	9	7	3	8	2
3	8	1	4	5	2	6	9	7
6	9	5	7	8	4	2	3	1
2	3	7	6	1	9	8	5	4
8	1	4	5	2	3	9	7	6

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8/3/19

Public Notices

IN THE DISTRICT COURT,
FOURTH JUDICIAL DISTRICT
COUNTY OF SHERIDAN, STATE OF WYOMING
IN THE MATTER OF THE ESTATE OF
PATRICK THAIN HAGAN, Deceased.
Probate No. 2019-75

**NOTICE OF ANCILLARY ADMINISTRATION
OF PROBATE PROCEEDINGS OF
NONRESIDENT DECEDENT**

TO ALL PERSONS INTERESTED IN SAID
ESTATE:

You are hereby notified that on the 9th day of July, 2019, a Petition for Administration of Probate Proceedings of Nonresident Decedent was filed in the above-mentioned District Court by Lynsey Hagan. The petition requests that the probate proceedings that were initially conducted in the State of Montana, be admitted in this State and that the decedent's assets in this State be administered according to those proceedings. Anyone objecting to having such proceedings admitted for that purpose must file written objections with the Clerk of the District Court and serve a copy on the Petitioner's attorney, who is identified below, on or before the twentieth day following the first publication of this notice. If no objections are filed, the Court may issue an order, without further hearings, admitting such proceedings to probate in this state and distributing the assets of the decedent to Lynsey Hagan.

DATED this 18 day of July, 2019.

/s/ John G. Fenn, District Judge

Timothy S. Tarver

Attorney at Law

P. O. Box 6284

200 West Loucks

Sheridan, Wyoming 82801

Publish Dates: August 3, 10 and 17, 2019

**PUBLIC NOTICE
REQUEST FOR PROPOSAL FOR
ANNEXATION PLAT**

The City of Sheridan, Wyoming is seeking proposals for an annexation plat for portions of the Interstate adjacent to the City of Sheridan. Specifications for this request can be found in the Request for Proposal (RFP) available on the City's website at <https://sheridanwy.net> under "Bids and Proposals". The City will be accepting proposals, in electronic and hard-copy form, until 2:00 P.M. (MST) on or before August 5, 2019.

City of Sheridan

Lane Thompson, P.E.,
Public Works Director

Publish Dates: July 24, 29; and August 3, 2019

Your Right To Know and be informed of government legal proceedings is embodied in public notices. This newspaper urges every citizen to read and study these notices. We strongly advise those seeking further information to exercise their right of access to public records and public meetings.

CONTENT MATTERS.

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Omarr's Daily Astrological Forecast

Jeraldine Saunders

BIRTHDAY STAR: Actress Abigail Spencer was born in Gulf Breeze, Fla., on this date in 1981. This birthday star portrays Megan Hunt on "Grey's Anatomy" and she starred as Lucy Preston on "Timeless" and Amanda Holden on "Rectify." She's also played recurring roles on "True Detective," "Burning Love" and "Suits." Her film work includes "The Sweet Life," "H8RZ," and "A Beautiful Now."

ARIES (Mar 21-Apr. 19): Do what comes naturally and easily to you. Participate in activities that allow you to utilize your areas of expertise even if something else is vying for your attention. Trying something new and different should wait a day or two.

TAURUS (Apr. 20-May 20): It may be easier just to do it all yourself. Taking on a partner for a project may prove to be more of a hindrance than a help. Fly solo and you won't waste valuable time sorting out differing opinions on the best course of action.

GEMINI (May 21-June 20): Focus on quality not quantity. Doing one task well will hold far more value than doing several just-average jobs. Concentrate on getting the details right and you'll have a product to take pride in.

CANCER (June 21-July 22): Courage is being afraid but going ahead anyway. You may need to must your inner confidence to progress through difficult situations this week, but you are up to the task. Check calendar reminders for obligations.

LEO (July 23-Aug. 22): Take the path win-win compromise. Trying to impose your will is likely to be met with opposition so look for ways to create a satisfactory solution. You'll be at your best when employing your imagination and ingenuity.

VIRGO (Aug. 23-Sept. 22): No one can carry the whole weight of the world on their shoulders. You'll be running in perpetual circles if you try to please everyone in the upcoming week. Choose carefully how to spend your valuable time.

LIBRA (Sept. 23-Oct. 22): Waste not, want not. A conservative approach to possessions and finances may lead you to recycle what is still useful or rein in careless spending. Don't allow jealousy to skew

your judgment.

SCORPIO (Oct. 23-Nov. 21): Happy bees make the sweetest honey. A fun and enjoyable environment is always more conducive to achieving success with a project or endeavor. Keeping your sense of humor should be the rule this week.

SAGITTARIUS (Nov. 22-Dec. 21): Take a deep breath. If you find that you are getting in over your head, you may want to take a break and recharge your batteries or choose easier-to-attain goals. Giving into casual whims is not advisable now.

CAPRICORN (Dec. 22-Jan. 19): Sometimes less is more. Handle delicate situations carefully and tactfully this week since pushing too hard could end up causing unintended consequences. An objective, subtle and measured approach works best.

AQUARIUS (Jan. 20-Feb. 18): Go at your own pace. Trying to keep up with everyone else may only wear you out so find the comfort zone that works for you and stick with it. Set healthy boundaries and uphold them.

PISCES (Feb. 19-Mar. 20): Take all the time you need. Don't allow someone to limit your options by pressuring you to make a quick decision. Seek out alternative solutions or do some research to find the best choice for you.

IF AUGUST 4 IS YOUR BIRTHDAY: During the next two to three weeks your judgment is better than usual. This is an excellent time to make decisions about your future or to embrace opportunities that will improve your life. Put your most important ideas and projects into motion while the stars are in your favor. Your business sense is enhanced throughout September, so you can assess financial issues with a shrewd appreciation of upturns and downturns in the markets. In October you may enjoy more free time to daydream or have an opportunity to relish a romantic weekend built for two. January is the next best time to make key decisions, to put your plans into motion or to ask for advice from those who can offer sound guidance.

BIRTHDAY STAR: Actor Jesse Williams was born in Chicago, Ill., on this day in

1981. This birthday star has portrayed Dr. Jackson Avery on "Grey's Anatomy" since 2009. On the big screen, Williams' film resume includes "Selah and the Spades," "Money" and "Snake and Mongoose." Williams has modeled for major ad campaigns as well as written articles for news outlets.

ARIES (Mar 21-Apr. 19): Find the balance between pleasing others and doing good self-care. Also observe if those you help are willing to help you when you need it -- energy given needs to equal energy received over time. Business matters could demand your immediate attention.

TAURUS (Apr. 20-May 20): Don't take it personally. If a friend or loved one is too busy to spend time with you, it doesn't mean their feelings have changed at all. You have more than enough on your to-do list to keep busy.

GEMINI (May 21-June 20): The timing isn't right to dredge up the past, and little is likely to be resolved at this time if you do. Stick to handling what is in front of you and wait for better stars to delve into potentially sticky subjects.

CANCER (June 21-July 22): Every little bit helps. Stick to your budget and save money whenever possible by brown-bagging lunch, using coupons or taking a carpool. Even minor acts of kindness could improve someone's day.

LEO (July 23-Aug. 22): Walk the walk. Show that your good reputation is well-deserved by being punctual, responsible and conscientious. Your social life may need to go on hold while career matters take precedence.

VIRGO (Aug. 23-Sept. 22): If in doubt leave well enough alone. You'll only create resentment if you keep pushing someone for private information, so just leave it alone. An abundance of cash in your pocket isn't likely to burn a hole.

LIBRA (Sept. 23-Oct. 22): Slow and steady wins the race. A tough task will require patience and careful attention to details, so take your time to do the job right. Keep things professional when working with potential flames.

SCORPIO (Oct. 23-Nov. 21): Keep at it. A

lack of noticeable progress may be frustrating, but persevering toward your long-term goals will eventually pay off. Be wary of letting a new hobby or passion take up too much time.

SAGITTARIUS (Nov. 22-Dec. 21): Laugh and the world laughs with you. Loosen up a somber mood around you by taking a light-hearted and humorous approach. Others won't feel so overwhelmed by circumstance if they're enjoying the process.

CAPRICORN (Dec. 22-Jan. 19): Don't expect perfection. You are only setting yourself up for disappointment if you expect yourself to always be flawless in your performance. Strive to do your best but keep your hopes reasonable.

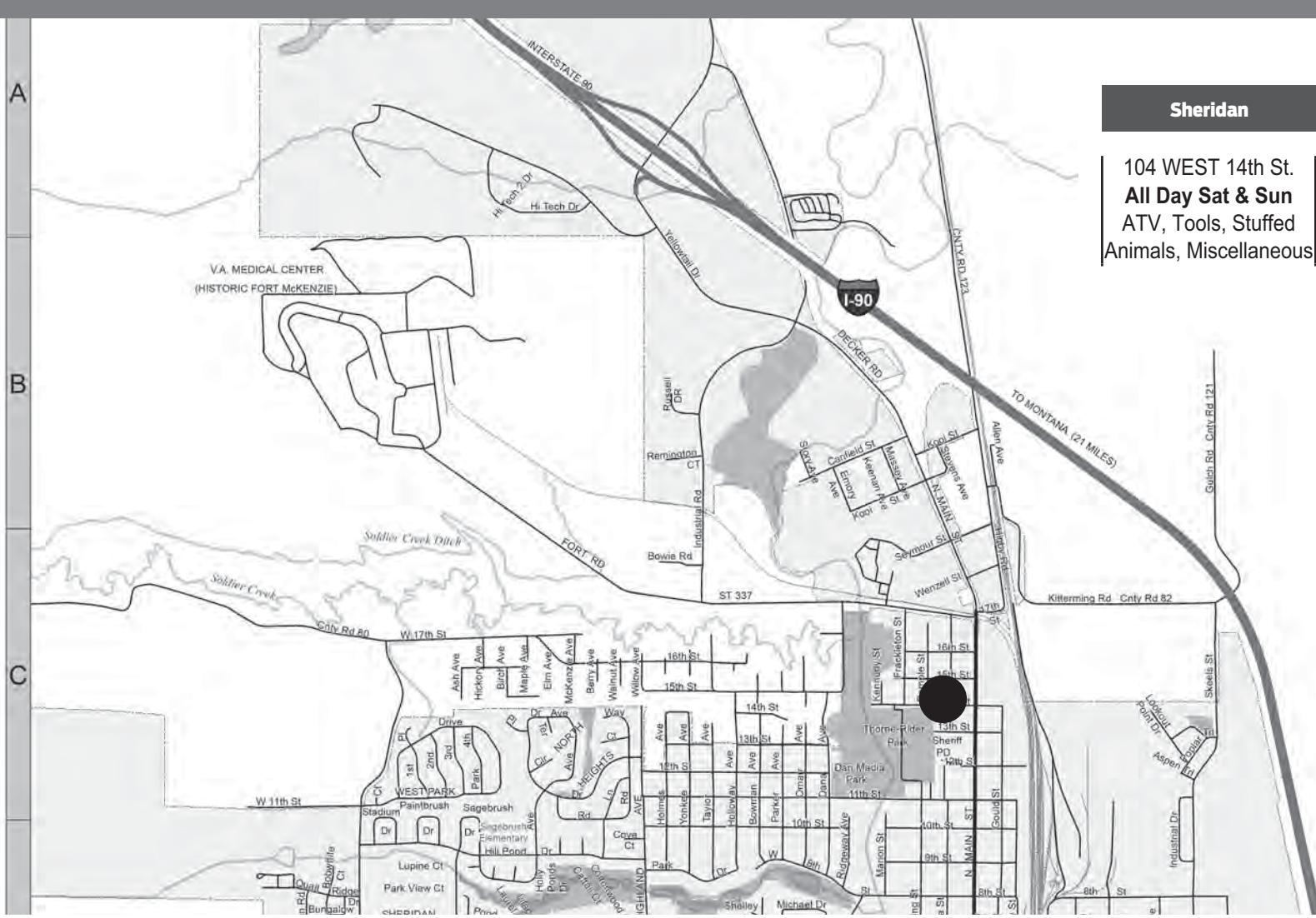
AQUARIUS (Jan. 20-Feb. 18): Never say never. Letting your emotions get the best of you may lead you to react to a situation in ways that could do damage. Take a walk or a deep breath or count to ten, but keep your cool.

PISCES (Feb. 19-Mar. 20): Be discreet when in groups. If you make an offhand comment or speak your mind your words could be misunderstood or taken out of context and could later come back to haunt you. Consider the company and behave accordingly.

IF AUGUST 5 IS YOUR BIRTHDAY: Enjoy an abundance of fun as the next three to four weeks unfold. Your vision and judgment are at a high level of accuracy, so this is an excellent time to think about ways to create a better future or to put your best plans into motion. Any offers that come along could be well worth accepting. September puts an accent on more practical skills such as negotiating a better price or earning interest on bank accounts. Use this time to put your career and business into better shape. October might be a good time for a vacation or a weekend getaway, as you will be more romantic-minded and willing to live your dreams. January brings a time when you are wiser than usual and can get plans and ideas off the ground.

GARAGE SALES

AIRPORT RD.....G3, G4
ALLEN AVE.....B4
ALLEY.....G5
AMANDA LN.....E4
AMANDA ST.....E6
ARAPAHOE ST.....G4
ARLINGTON BLVD.....D4
ASH AVE.....C2, F3
ASH GROVE DR.....G3
AVATION TRL.....C5
AVOGA AVE.....F5
AVOGA CT.....F5
AVON ST.....D3
AVON ST.....D3, D4
B ST.....E5
BANNOCK DR.....G4
BANISTER CT.....E2
BEAVER ST.....E3
BECKTON AVE.....E3
BELLEVUE AVE.....D4, E4
BENDER LN.....F5
BENSON ST.....C3
BIG HORN AVE.....F4, G4, H4, J4
BIRCH AVE.....C2
BIRCH ST.....F3
BLUE SKY CT.....F5
BOBBY BIRD CT.....D2
BOND ST.....I2
BOWIE RD.....C3
BOWMAN AVE.....C3, D3
BROOK ST.....D4, E4
BROOK AVE.....F4
BRUCE MOUNTAIN DR.....D4
BRYANT ST.....E2
BRYANT ST.....E4
BUNGALOW VILLAGE LN.....D2
BURTON ST.....D4
CANFIELD ST.....B4
CATTAI CT.....D3
CEDAR AVE.....F3
CENTRAL ST.....E3
CENTER ST.....H5
CHAMPION DR.....E3
CHAPEK DR.....F3
CHEYENNE ST.....F4
CHIEF LEMOUX WAY.....A2
CINDY DR.....F4
CIRCLE 3 DR.....D3, E3
CLEVELAND AVE.....E3
COLLEGE DR.....F5, G5, H5, I5
COLLEGE MEADOW DR.....H5
COLONIAL DR.....G4
COLONY PARK DR.....F4
COTTONTAIL LN.....H6
COTTONTAIL AVE.....F3
COTTONWOOD CIR.....D3
COUNTRY ESTATES DR.....G6
COVE CT.....D3
COVEY RD.....D2
COPPERIDGE DR.....F5
CRESCENT DR.....E3
CRESCENT PL.....E3
CROOK ST.....D4
CRYSTAL CREEK.....I4
DAISY AVE.....C4, D4
DAVIS TEE.....G4
DE SMET AVE.....F4, G4
DECKER RD.....A3
DEER ST.....E3
DELPH AVE.....D3
DEMPEL ST.....C4
DOME LOOP.....H5
DOUBLE EAGLE DR.....D6
DR. RABBIT RD.....G6
DUNNUCK ST.....D3, D4
E 10TH ST.....D4
E 11TH ST.....C4
E 12TH ST.....C4
E 13TH ST.....C4
F 14TH ST.....F4



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THE SHERIDAN
Press

Vegas gets rave reviews for thrilling WNBA All-Star weekend

BY DOUG FEINBERG
AP BASKETBALL WRITER

LAS VEGAS (AP) — Coaches, players and WNBA executives were thrilled with the show Las Vegas put on for the All-Star Game last weekend.

From a high-level game to first-class entertainment, the city got rave reviews.

"It was electric. It was positive. And I think we should have it here every year," All-Star captain A'ja Wilson said. "I don't think I have a say in it, but just the feel of it. Everyone kind of was here. You have players that were not even in competition at all here to support their teammates. That's what it's all about. We're all coming together and watching a game and playing a game that we love, and I just had so much fun."

There were dozens of players not involved in the All-Star Game in attendance in Las Vegas. Aces coach and president Bill Laimbeer said the team reached out to players to come to Vegas to help market All-Star weekend.

The Aces offered free hotel rooms to players who came in exchange for their appearance at a fan fest and parties.

"Everything has just kind of been bigger and grander," said All-Star team captain Elena Delle Donne. "Even right when you land, you're seeing the marketing behind it. It's why the Aces have been so successful these last two years."

Laimbeer said there were only a few things he would change about the All-Star experience in Las Vegas — the biggest one being the time of the game.

"Everything was positive except one issue. The game started at 12:30 p.m., that was the one complaint that everyone had," he told The Associated Press. "They would have liked to see it start at 5 o'clock. It's the All-Star Game, you want to get the best of time slot, as best as you possibly can. That's a show that hasn't been on in a long time in the WNBA. I don't know what the ratings are going to be. I think if it was in a prime-time situation it would be better."

ESPN said ratings were down a little bit from last year's All-Star Game.

Laimbeer said he had three goals for Las Vegas hosting the All-Star Game. He met two of them, getting all the All-Stars suites in the hotel instead of standard rooms and getting each player four tickets to the game instead of the usual two. The one thing he couldn't accomplish was getting the players first-class plane tickets to and from the game.

"I put \$20,000 in our budget to fly the players first class and the league said you couldn't do that," he said.



JOEL MOLINE | THE SHERIDAN PRESS

Tom Sprung and Nicolai Galindo moving into positions at the Flying H Polo Club on Thursday, Aug. 1, 2019.

POLO: Players are spending less time fighting over the ball

FROM

At the Flying H, most people come in as pairs — a patron and a pro. The patron is usually an amateur player that finances the team, hiring the professional players for the team. Each week these pairs are

mixed together to create a new team of four.

Galindo said this set-up allows people to interact with each other and play with a wide range of styles, instead of the same three other people. This keeps the games from getting boring to him since each week will be different from the next.

Players will build friendships with one another. Sprung described everyone playing polo at the Flying H as "chill." The players are respectful to one another and support each other. He gave the example of when he misses the ball, his teammates are not yelling at him for messing up. Instead,

they are coaching him on how to do better next time.

This does not mean players and the polo matches are not competitive. Galindo said players still want to win, just not at all costs. Everyone is just out there having fun.

Disagreements will arise, just like any sport, but once the heat of the moment is over everyone lets it go and remains friends. Galindo said this is a nice break from always being against everyone else at other polo clubs. Games at the Flying H are enjoyable and relaxing for the professional.

With the teams being mixed up weekly, Sprung

said he has the opportunity to play polo with world-class players, an opportunity he enjoys. With professionals being added to the mix, the mid-level polo match cranks the game to a faster pace, moving the ball up and down the field more quickly than other mid-level games, Sprung said.

Players spend less time fighting over the ball and the game overall is more fluid than other places, Sprung said.

Each week there is a new tournament at the Flying H with match games being played throughout the week to determine final teams for the main weekend event.



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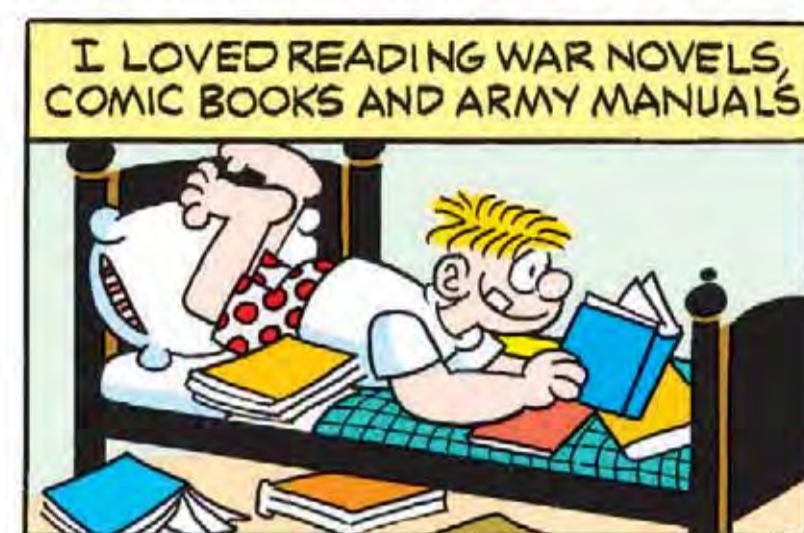
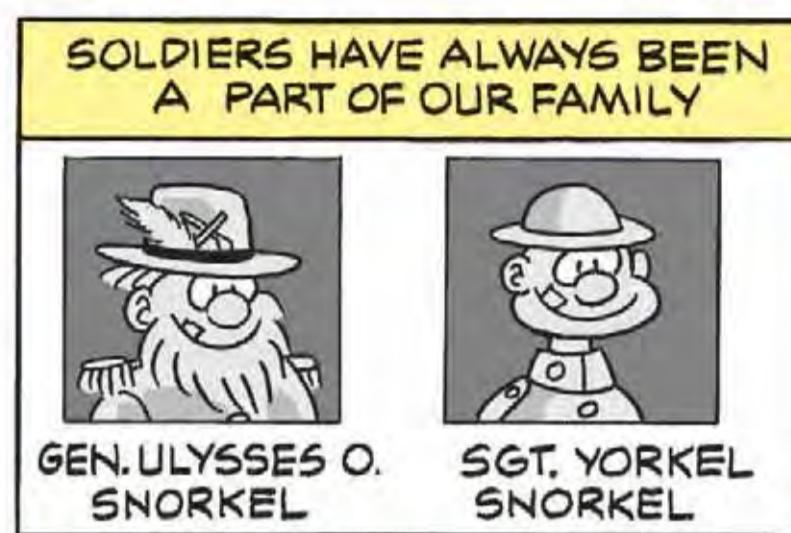
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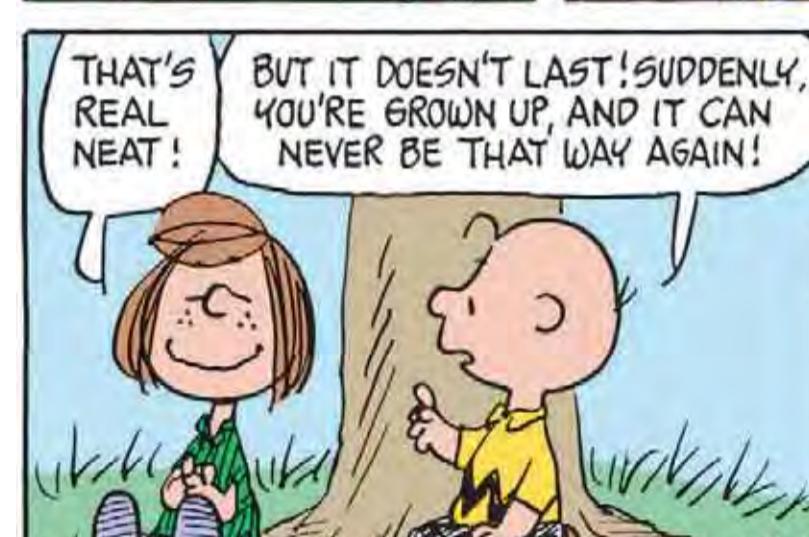
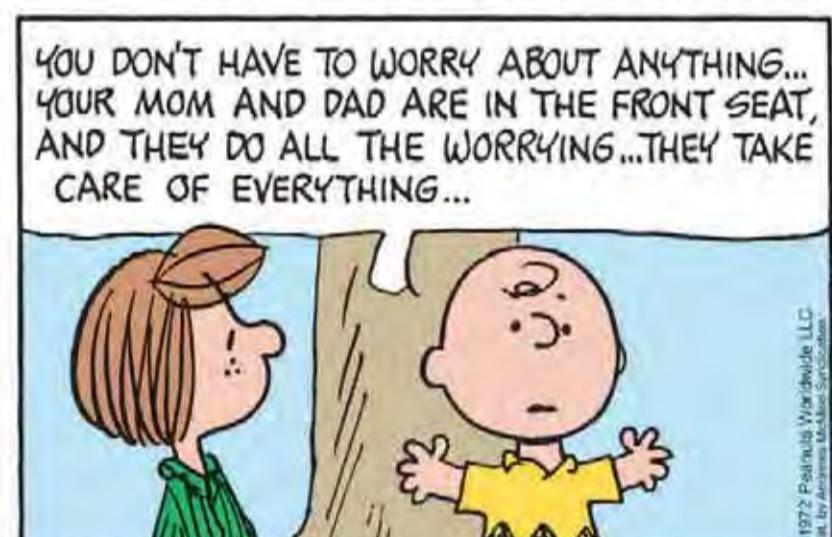
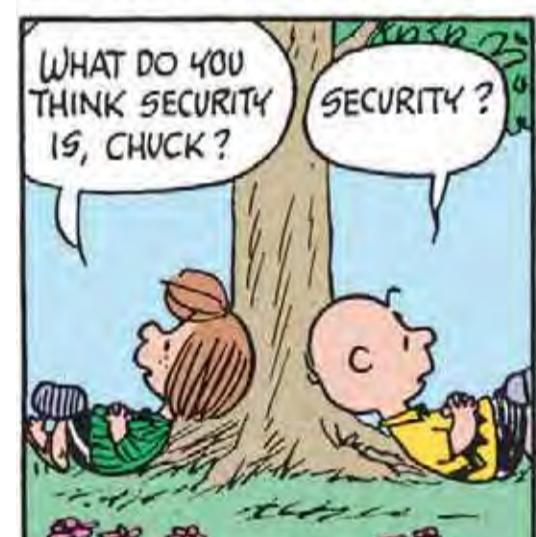
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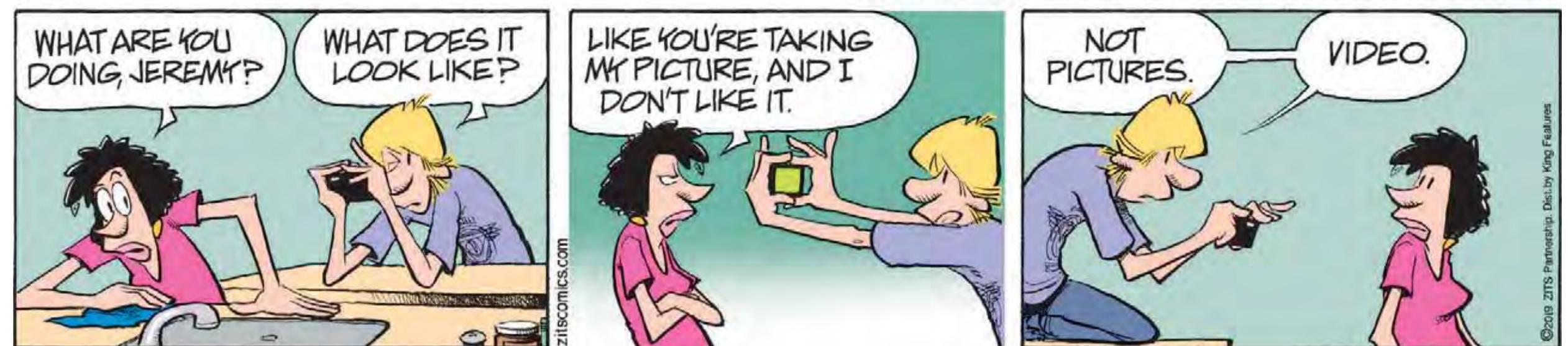
THE SHERIDAN Press Saturday COMICS

BEETLE BAILEY



CLASSIC PEANUTS





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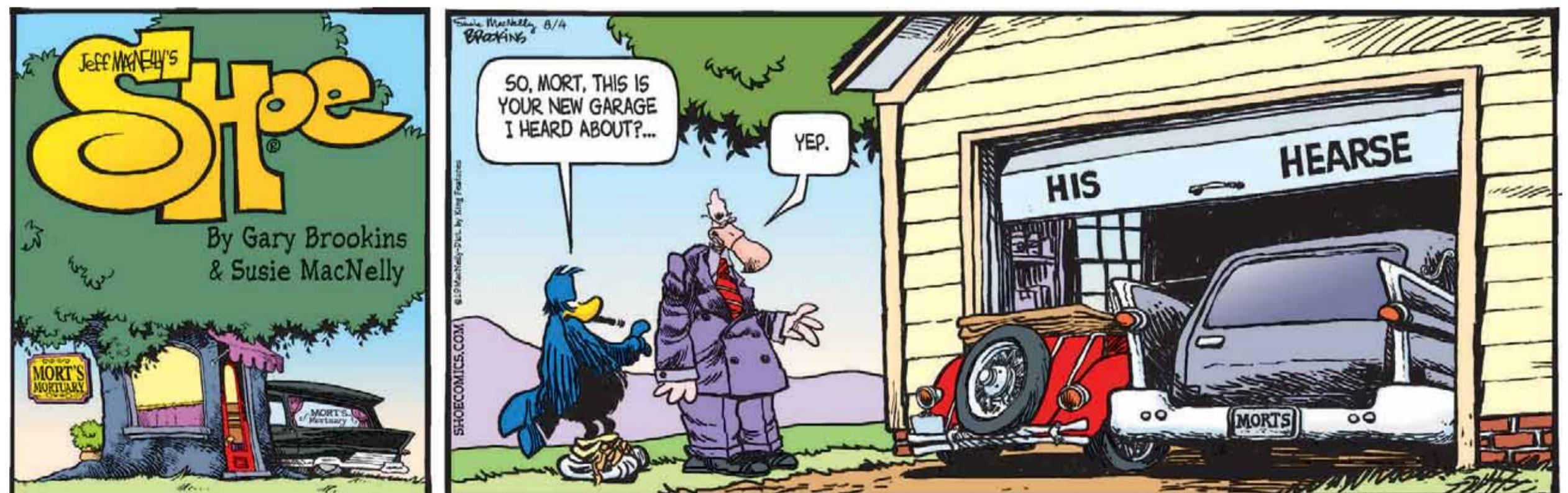
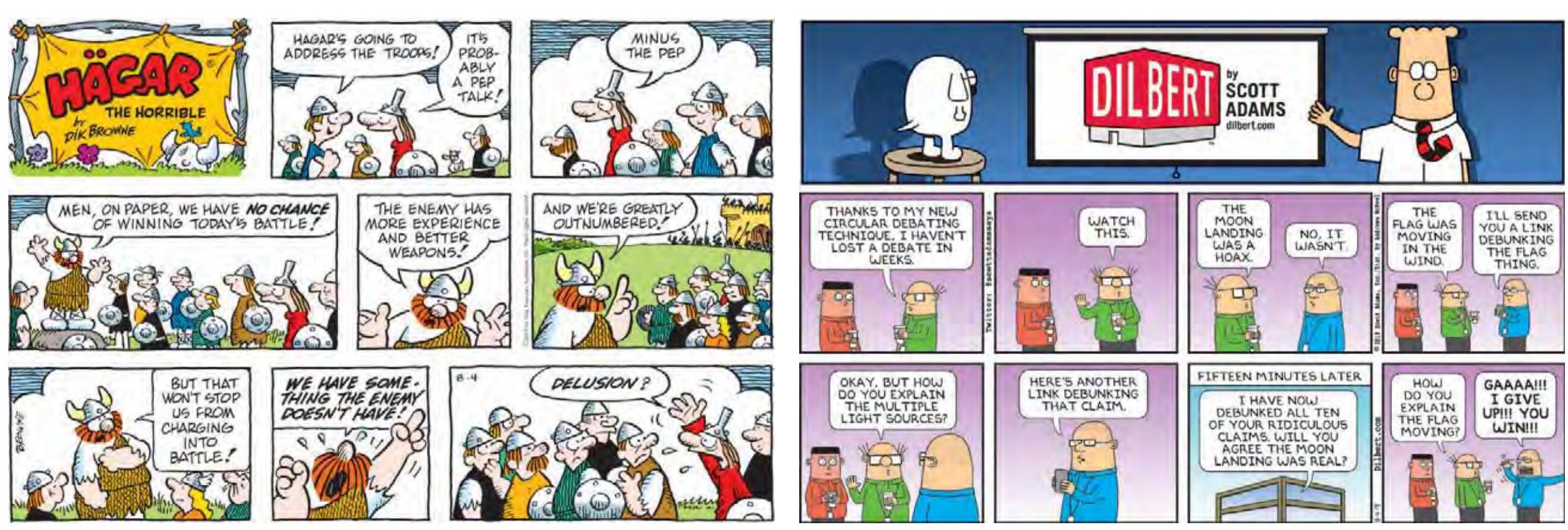
8-4 SCOTT AND BORGMAN

MARVIN

BY TOM ARMSTRONG



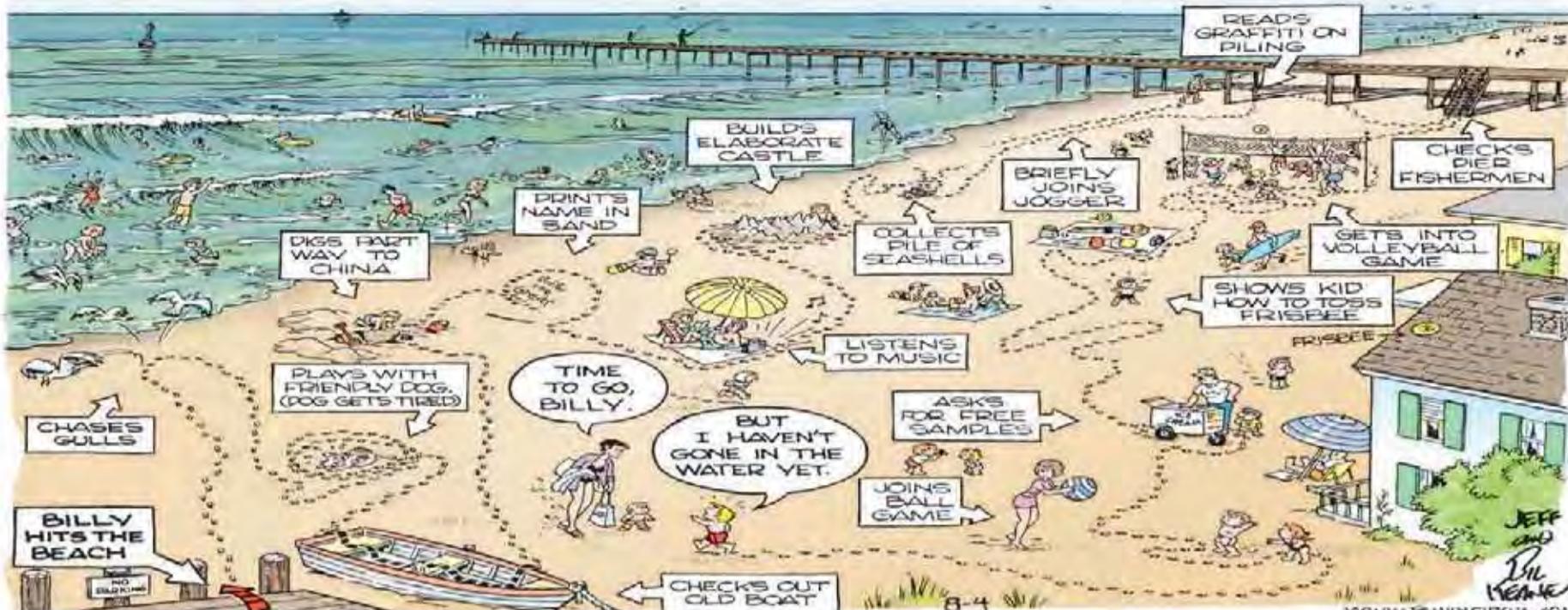
ARMSTRONG

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By Gary Brookins & Susie MacNelly

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THE FAMILY CIRCUS

By BIL KEANE

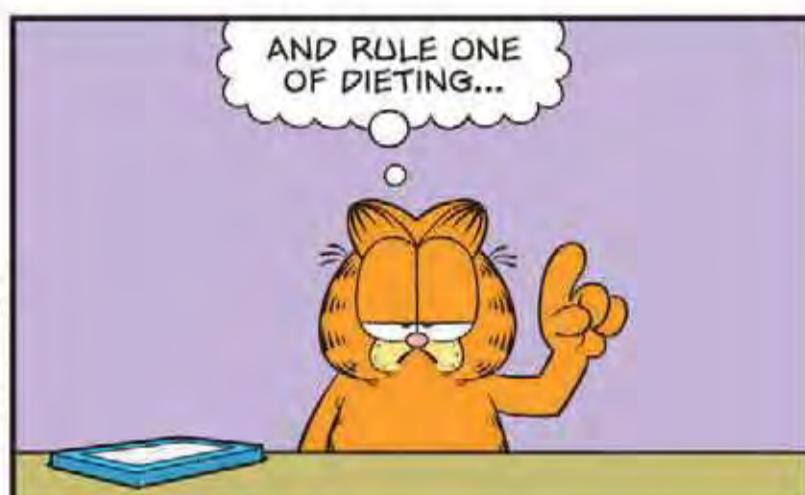
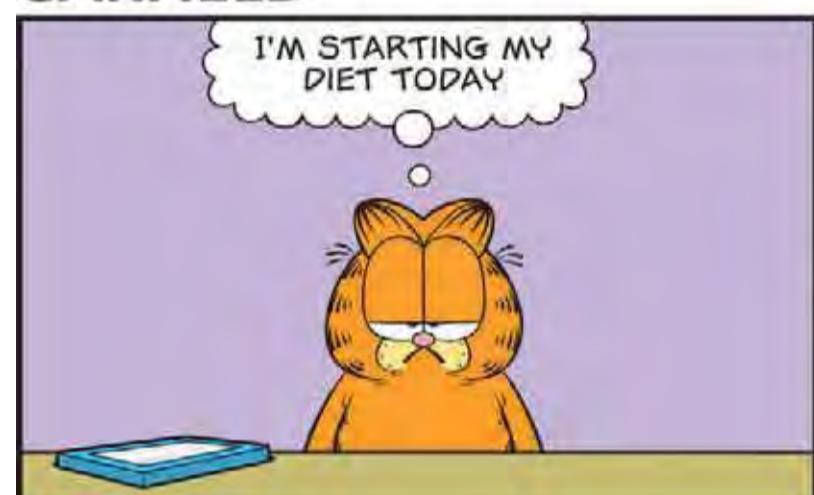


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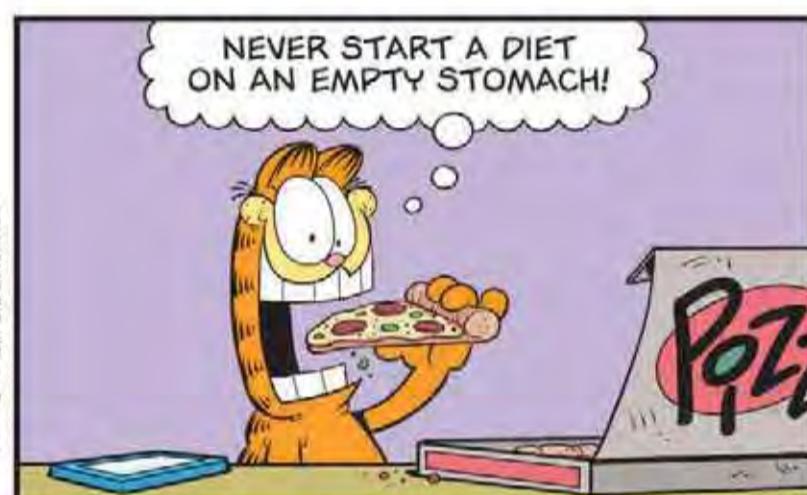
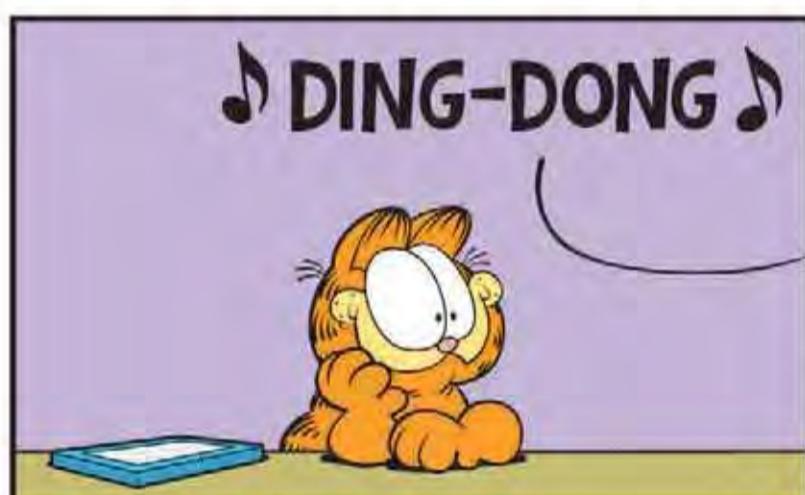
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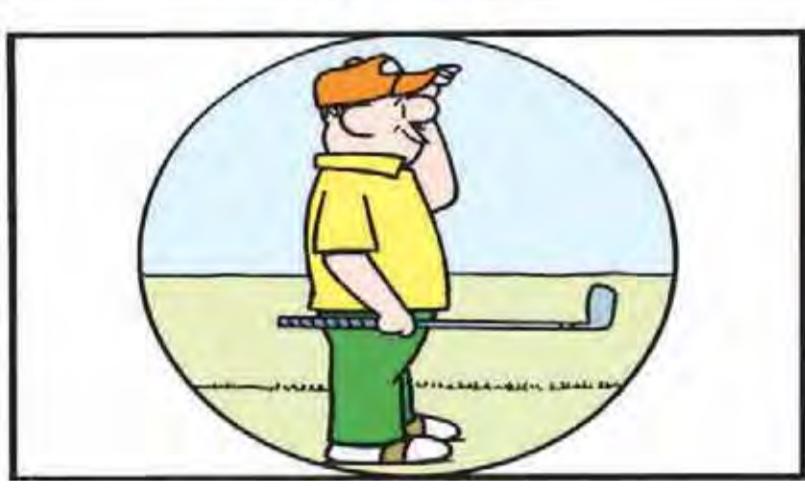
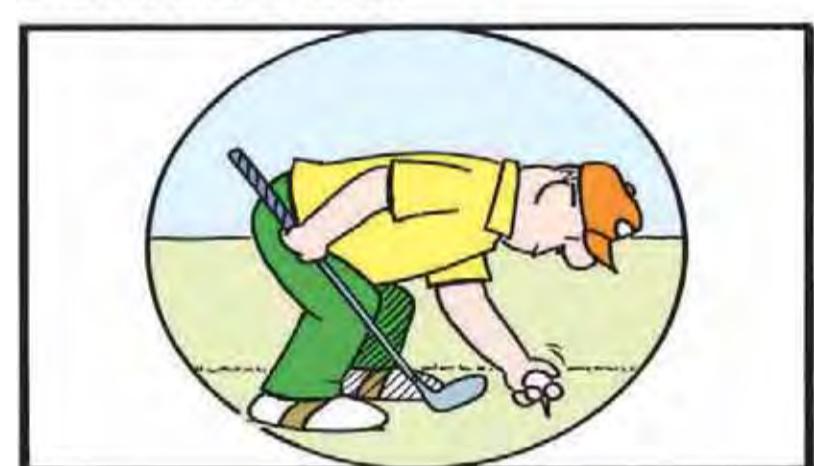


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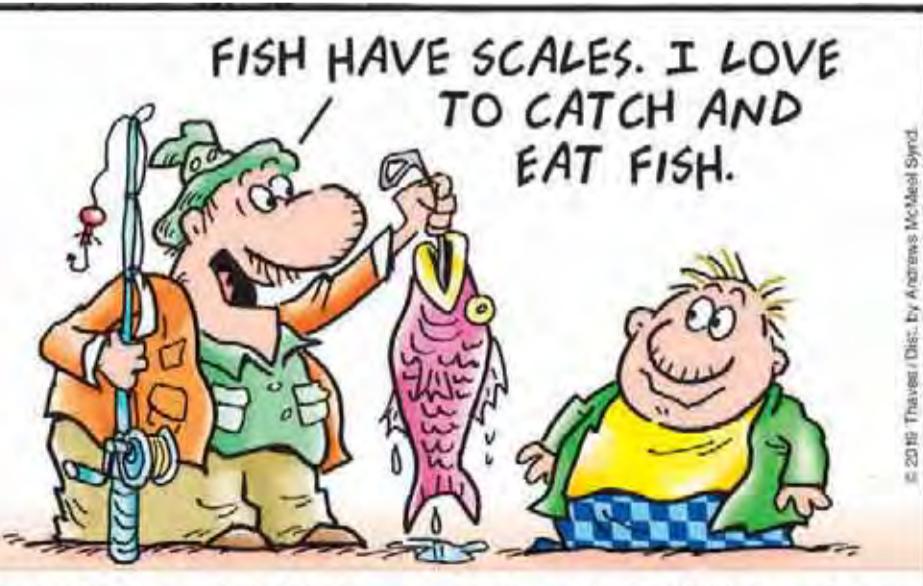
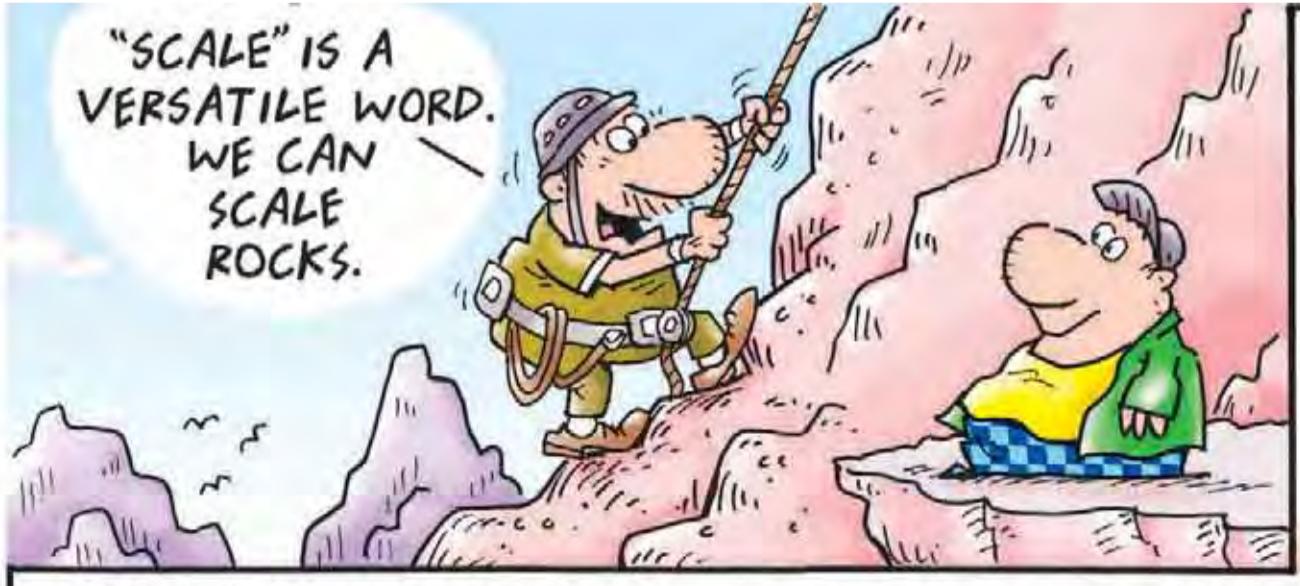


Pizza

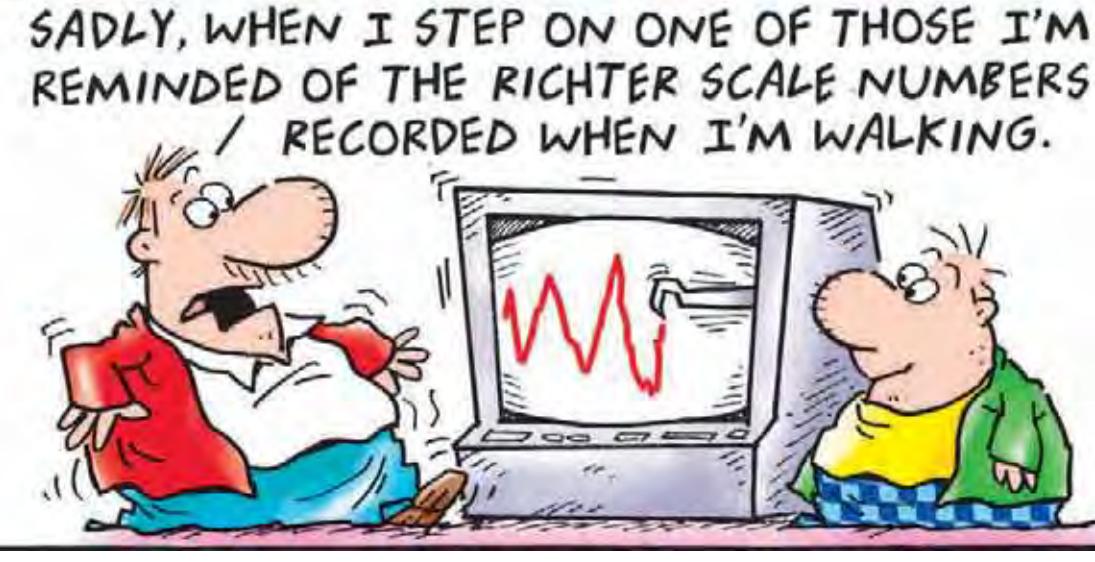
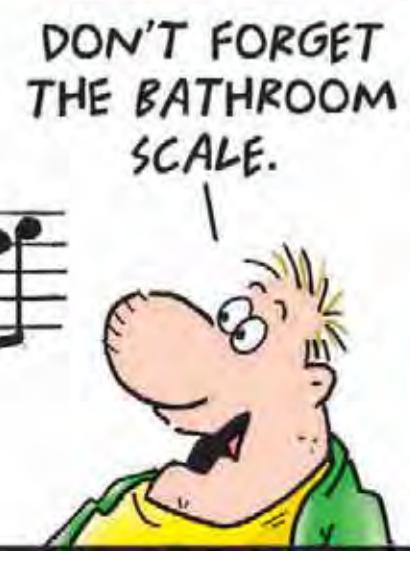
BORN LOSER



FRANK AND ERNEST



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What Goes Up Must Come Down

On Earth, gravity keeps the air around us (and everything else) from drifting off into space. Gravity pulls on everything—every rock, every grain of sand, every leaf and every person.

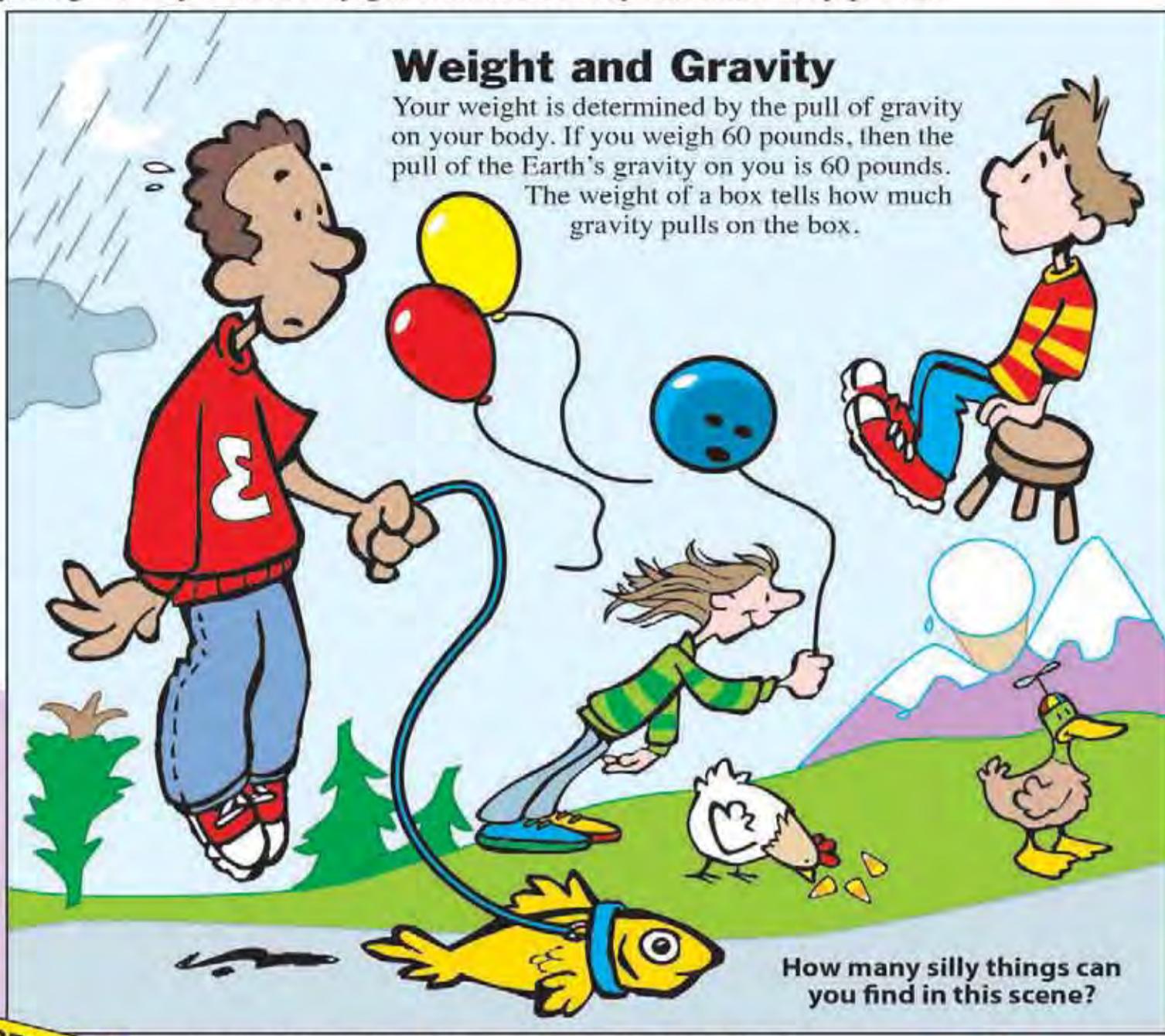
Newton's Apple

One day, according to a _____ story, a man named Sir Isaac Newton was _____ under an apple tree. An apple _____ on his head, and he suddenly _____ of the law of gravity.

It is most likely that years of _____ things falling to the ground were what led to the _____ insight he called Newton's Law of Gravity.

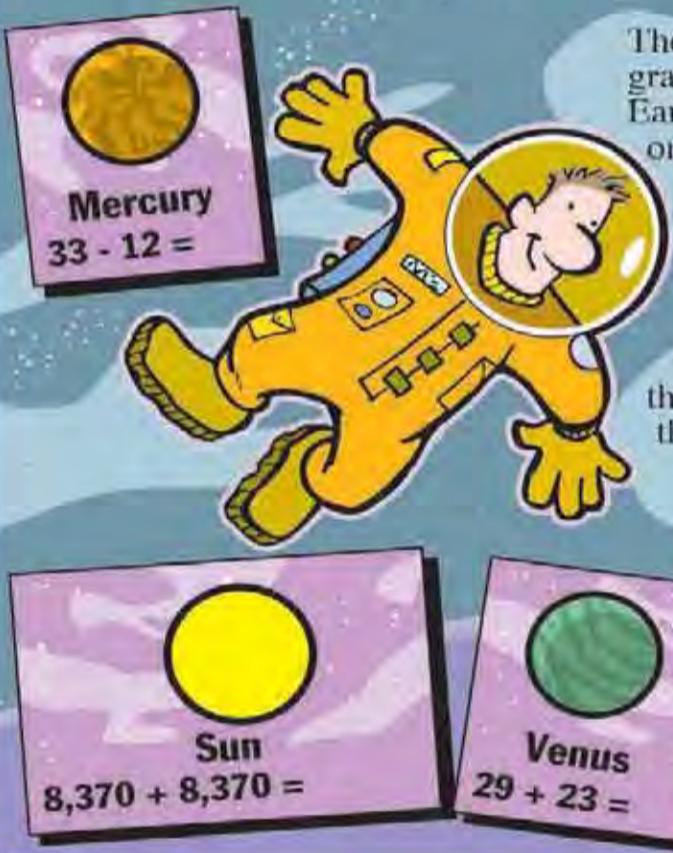
Whoops! Gravity has made some of the words in this article fall to the ground. Can you find where each word belongs?

THOUGHT
SUDDEN
SITTING
OBSERVING
POPULAR
FELL



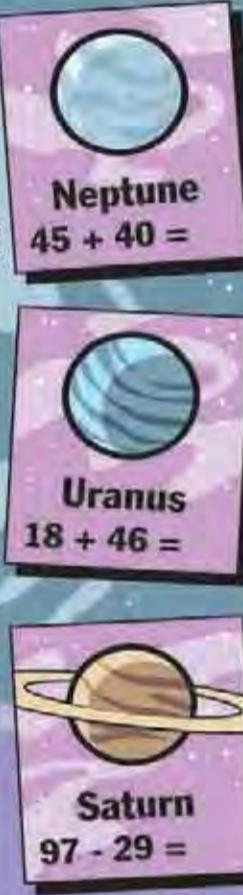
Standards Link: Earth Science. Students understand forces and know that gravity is not a physical object, but affects physical objects.

Weight Around the Solar System



The moon and the planets all have gravity. The moon has less gravity than Earth. That means you would weigh less on the moon, because less gravity pulls on you. If you weigh 60 pounds on Earth, you would weigh 10 pounds on the moon.

How many pounds would a 60-pound person weigh on each of these planets? Do the math to discover the answer.



Extra! Extra!
I Before E or E Before I?

Look through news articles for words that have the letters i and e next to each other. In the table below, list the words spelled with the i before the e in the left column. In the right column, list the words spelled with the e before the i.

i before e	e before i
niece	either

Standards Link: Spelling: Recognize spelling patterns and know exceptions to spelling rules.

Kid Scoop Puzzler

How many new words can you make using the letters in the words:

THE LAW OF GRAVITY

SCORE YOURSELF! 1 - 5 words: Language Lightweight
6 - 12 words: Rising Reader
13 or more words: Gravitational Greatness

Standards Link: Spelling: Spell grade-level appropriate words correctly.

Double Double Word Search

DRIFTING
GRAVITY
PLANETS
WEIGHT
NEWTON
SATURN
BEFORE
VENUS
SPACE
APPLE
SOLAR
SAND
BODY
MARS
LAW

SDNUOPGRDG
PBAREVIRRT
AYELUDPAIU
CLPFNTVLFT
EPLAOIAOTH
ALSATRSSIG
BODYWDERNI
PLANETSAGE
OWSUNEVMNW

Standards Link: Letter sequencing. Recognized identical words. Skim and scan reading. Recall spelling patterns.

Find the words in the puzzle. How many of them can you find on this page?

Kid Scoop VOCABULARY BUILDERS

This week's word:
DETERMINE

The verb determine means to fix exactly and with certainty.

NASA was determined to land someone on the moon.

Try to use the word determine in a sentence today when talking with your friends and family.

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